

Outlook

June 2017



Serving the parishes of

**Bedingham Fritton Hardwick Hempnall
Morningthorpe Shelton Topcroft Woodton**

www.hempnallgroup.co.uk

Hempnall Group Services June 2017

Sunday 4th		Pentecost	Red
Group Eucharist	10.00am	Hardwick Church	
Holy Communion	2.30pm	The Hollies	
Readings: Acts 2:1-21, John 20:19-23			
Sunday 11 th		Trinity Sunday	Gold
Eucharist (BCP)	8.00am	Fritton Church	
Eucharist	9.30am	Woodton Church	
Eucharist	9.30am	Hempnall Church	
Matins	11.00am	Hardwick Church	
Eucharist	11.00am	Topcroft Church	
Readings: Isaiah 40:12-17, 27-31, Psalm 8, Matthew 28:16-20			
Sunday 18 th		1 st Sunday after Trinity	Green
Eucharist	9.30am	Bedingham Church	
Morning Service	9.30am	Hempnall Church	
Eucharist	11.00am	Shelton Church	
Readings: Psalm 100, Romans 5:1-8, Matthew 9:35-Ch10:8			
Sunday 25 th		2 nd Sunday after Trinity	Green
Morning Service	9.30am	Woodton Church	
Eucharist	9.30am	Hempnall Church	
Morning Praise	11.00am	Topcroft Church	
Eucharist	11.00am	Morningthorpe Church	
Readings: Psalm 88, Romans 6:1b-11, Matthew 10:24-39			

Every Thursday at 8.00am there is Holy Communion in
Hempnall Church

Fill a Jam Jar for Lent with coins

Our charity this year will be the **Friends of the Himalayan Children's Care Home**. Please could any jam jars be returned to the office by
Sunday 4th June.

The Flat George's House The Street Woodton Bungay NR35 2LZ

Dear Friends,

Are you a half full or a half empty glass sort of person?

My husband Tony tends to be half empty, but as I try to explain to him its always better, on the whole, to focus not on how much water is in the glass, (be it half full or empty), but to look at the space that is empty, yet to be filled.

There are many things in life we cannot change. What is past is past. What we can change is the future. The nineteenth-century Danish philosopher, Kierkegaard said, "Life can only be understood backwards; but it must be lived forwards".

I came across the story of Mo Gawdal, a chief business officer at Google. He spoke of how his life changed in the space of four hours after returning from a happy family holiday to the death of his son, Ali. The question that hit him was, "What can I do to bring him back?" And he came to the realization that nothing he could ever do, would bring him back. What was he to do? He came to the conclusion that he could either choose to suffer or accept life, harsh as it had become; or, make this point in his life, awful as it was, a new base from which to begin: to try to, in his words, "make the world a slightly better place than it was today, and slightly better tomorrow." It wouldn't bring his son back, but the world would be a slightly better place than the day he left.

In some way Mo found within himself a seed of hope that enabled him to live, and make life better for others and himself. He came to know that Kierkegaard was right, to live forward one needs to understand backwards.

With love



Events for your diary in June

FOOD BANK

We have been receiving wonderful donations from people and the help is very much appreciated. Our next collection dates are **Sunday 4th June** at Hardwick Church and **Sunday 2nd July** at Bedingham Church. Items can be left in the church office, Monday-Thursday, 9am-1pm.

THE WOODTON AND BEDINGHAM COMMUNITY GROUP'S next informal social afternoon **will be in Woodton Village Hall on Monday 5th June**

Everyone, ladies and gentlemen, would be most welcome whether you would like to come along to knit, sew, play board games, do puzzles or just come along for a cup of tea and a chat. If you are not able to knit or crochet but would like to try your hand then come along and give it a try.

For further information please contact Janet Chadwick on 01508 483996 or Pam Mariner on 01508 483796.

THE MILL CAFÉ- Hempnall

5th June, 10.00am to 2.00pm

Future date **3rd July**

for more information contact: Margaret Sparham

(Wed and Thurs on 499766 or 499579 at other times)Hempnall

Mill Centre, Mill Road, Hempnall. NR15 2LP www.hempnalltrust.org.uk



HEMPNALL W.I.

The next meeting will be on **Wednesday 7th June** when **Sam Steggles, Cheese Maker of Fielding Cottage** will speak about how his hobby became an award winning business. The meeting begins at 7.30pm.

This month on the 19th we have an outing on the Norfolk Wherry Hathor combined with a visit to How Hill.

We also have a lunch outing to Trowse.

As usual, refreshments will be served after the meeting on the 7th and there will be the opportunity for a friendly chat. New members welcome. Contact Sue Eagle 01508 499559



TOPCROFT SOCIAL CLUB QUIZ CLUB **Friday June 9th** doors open 7.30 for 8.00pm start, £2 p.p. max 6 to a team. Hope to see you there.

FRIENDS OF ALL HALLOWS HOSPITAL GARDEN PARTY AND FETE

Saturday 10th June, 11am in the grounds of All Hallows Hospital – lots of stalls.

‘WOODTON WALK’ on 11 June. As the walks in Woodton are limited, and to give some variety, the walk will take place in Poringland. We will meet at The Community Centre car park, which is behind Budgens at 2.30 pm. From Bungay take the first exit at the roundabout near Budgens and then the third exit at the next mini-roundabout into Overtons Way and follow the road round to the back of the Community Centre. The walk will be around 4 miles with a variety of woodland, footpaths, fields, road and lakes. There is one small step stile on the route. Refreshments will be available at my home on The Ridings. Look forward to seeing you. Daphne Littleboy (tel: 01508 494318)

WOODTON AND BEDINGHAM LADIES TOGETHER

Next meeting Wednesday **14th June** at 7.30 p.m. in Woodton Village Hall. The Speaker this month will be Dr Mary Fewster who will be giving a talk on the Herring Fishing Industry. Visitors are always welcome. For further information please contact Tricia Gunson on: 01508 482543.

RAIN OR SHINE THEATRE COMPANY present:

William Shakespeare’s Twelfth Night on 16th June at 7.30pm

Ditchingham Hall, Tickets £13, 5-16 years £6.

For tickets Tel: 01603 629558 or 0330 660 0541

or from ‘Every Day’s a Picnic’ or ‘A Sweet for You’, sweetshop in Bungay

Gardens open from 5pm for picnics, no dogs. Bring own seating

Event in aid of Norfolk and Norwich Association for the Blind

TOPCROFT COUNTRY DAY

Sunday 18th June, 11am – 5pm. Come and join us for a full day of fun and entertainment. Many varied Craft stalls, Circus Workshop, Brass Band, Bollywood Dancers, BBQ and Bar, a good variety of filled rolls and home made cakes. Dog Show and Agility, Classic Cars, Stationary Engines. Raffle, and Cake Competition. (all entries must be in by midday for judging). Live music all afternoon.

You don't want to miss the Grand Opening this year by Maurice Hammond. Entry £2 for adults, children over 12 and under 18 £1. Under 12 free entry. Proceeds for Sportsfield.

HOME GROUP

Monday 19th June at 8.00pm at the home of David and Kate Daynes, Willow House, Hempnall. Studying the letter of James. All are welcome.



ANGLIAN SINGERS CONCERT IN HEMPSTALL CHURCH

Saturday 24th June at 7.00 pm

A wonderful varied mix of music to suit all ages.

Tickets £8 which includes refreshments in the interval
available from Claire Key 01508 499342 or on the door.

A Raffle will be held during the interval.

Thank you to everyone who has provided raffle prizes, any further donations
would be appreciated. Money raised will go to Hempnall Church.

Any questions ring Claire or David Key on 01508 499342

WOODTON PLAYING FIELD COMMITTEE IS HOLDING THE ANNUAL CLAY SHOOT

on Saturday 24th June by kind permission of Roy and Janet Dunning at their
home **Woodton Farm, Hempnall Road**. From 6.30pm. there will be a **BBQ** and
refreshments. Tickets are £20.00 for Clay shoot and BBQ. BBQ only £7.50.

Available from Jane 01508 518007/Janet 482278. Proceeds to WPFA.

An invitation for all:

TEA AT THE BISHOP'S PALACE

Sunday 25th June 2.00pm-5.00pm

Bishop's House, Norwich, NR3 1SB

RSVP by 3rd June to Hempnall Rectory 498157

or e-mail:

hempnallgroup.office@btinternet.com



The Bishop of Norwich
The Rt Revd Graham James

WOODTON SCHOOL SUMMER FETE will be held on **Saturday 24th June 2017**
from 12pm – 2pm –Plenty of family entertainment to be enjoyed including a
BBQ, bar, raffle, bouncy castle and face painting plus lots more.

Woodton School has a **clothes bank** on order which will be positioned in the
school at a point where it can be accessed by people in the village as well. We
hope this to be with us very soon.

Woodton School has been accepted for the Tesco Bags of Help scheme. The aim
is to raise funds to develop the nurture garden and purchase wooden

equipment and wind chimes. Currently until 30th June, at Tesco in Norwich Harford Bridge, when you receive tokens at the checkout, you have 3 boxes where the tokens can be put. The one with the most tokens receives the money. It would be wonderful if our school was picked and if our local people would pick Woodton Primary School when they shop.

DROP IN

A time to sit and chat over refreshments. Everyone welcome.
Children's corner. Feel free to bring your knitting / sewing.

Hempnall Church, Wednesday 28th June. 2pm – 3pm.

Jackie Cook 01362 288195



HEMPNALL MILL CENTRE – Luncheon Club Wednesday and Thursday
from £5.00



Morning tea or coffee served on arrival from 11am and a two course lunch served at 12 noon. Pick up travel can be arranged. For more information contact: Margaret Sparham (Wed and Thurs on 499766 or 499579 at other times)

Future Events For Your Diary

GISSING CHOIR and the TOPCROFT STRING QUARTET
St. Margaret's Church, Topcroft Friday 7th July starting at 7.30pm



Everyone is welcome to an evening of delightful music to celebrate the completion of the church /kitchen extension.

We would like to extend a big thank you to everyone who has made this project possible. We couldn't possibly have done it without you. Special thanks go to Chris Sewell for securing the Grants and for his invaluable input throughout. Also to Michael Herring who has created a facility that will make such a difference to the life of the church and village. A very special thank you to Michael's project manager Eric! Last but not least to the ladies and gents who work tirelessly to raise funds, supplying refreshments for all occasions. We look forward to having many more interesting events in the future.

Thank you from the PCC members.

**SHELTON WITH HARDWICK COMMUNITY SCHOOL
GRAND CAR BOOT SALE**

Sunday 9 July 2017 12 noon - 3pm

At Shelton School, Low Road, Shelton, NR15 2SD

Also...BBQ, Refreshments, tombola, Puffing Billy Road Train

Come and see our new play equipment and woodland area!

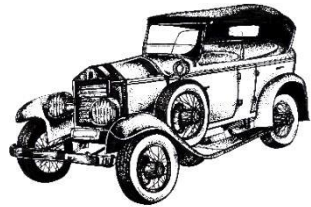
Car Boot £5 a pitch. Contact Emma Wood on 01508 498454 or email
spwood@btinternet.com.

FRIENDS OF BEDINGHAM CHURCH

If the weather is kind to us this year, **Friday 14th July** we hope to hold our usual evening. With friendly chatter and games in the garden at 5 School Road, Bedingham. More detail nearer the time.

NORFOLK 'OPEN CHURCHES' RUN – CLASSIC CARS

Our churches in the Hempnall Group are always open for visitors, we have a special 'Open Church' day on **Saturday 5th August** when Classic Cars will be visiting some of our churches. The cars will be leaving Norwich Cathedral at 9.00am, arriving at **Woodton Church at 9.30am**. Then on to **Morningthorpe Church for 10.00am**, and lastly arriving at **Topcroft Church by 10.30am**. More details to come....



TOPCROFT PHOTOGRAPHIC COMPETITION: This year's competition will be held on **Saturday 14th October 2017** at Topcroft Church, to raise funds for the church: **Categories** this year will be:

1. Wildlife 2. Dawn or Dusk 3. Landscape 4. Transport

You may enter up to four photographs per category. Entry fee 50 pence per photograph. Photographs should be no larger than 12" x 8" (A4) and be in a simple mount. No professional photographers please. Entries must not have been offered for sale or have won other competitions.

Details relating to entry will be in the September edition of Outlook.

(Enquiries to David and Margaret Ferre – Tel. 01508 482562).

DABBOS - the locally-run heating oil buying syndicate endorsed by Topcroft Parish Council for residents of the parish. To place an order contact Robert by email on dabbos@btinternet.com or by phone on 01986 788895. The winter ordering season is now over and the next bulk order will be in July. Please place orders by **5th July** if you wish to participate. Join residents already benefiting

from bulk prices - new members always welcome. Read more about DABBOS on the Topcroft Parish Council website.

Thank you

We had a great turnout of 20 volunteers for the **WOODTON LITTER PICK** on Saturday 22nd April and, because of the increased interest this year, were able to tackle some of the more outlying parts of the village. A total of 26 bags of miscellaneous rubbish was collected in the process - so a job well done. **A big thank you** to all those who took part, and in particular Molly, Lily, Jack, William, Thomas and Isabelle who came along with their parents to help out.

COFFEE MORNING at Hempnall Church

We raised the wonderful sum £550.40 at our Coffee Morning on 22nd April. A lovely time was had by all. A large number of people came into the Church to support the roof appeal and Nepal. A big thank you to everyone who came along and worked so hard to make the event a success.

HARDWICK CHURCH – Book Sale

A big **thank you** to everyone who supported the booksale held in Hardwick Church on **Saturday 13 May**. We raised a total of **£415** for Hardwick and Shelton Churches. Many thanks to all our donors, buyers and helpers.

BACON BUTTY BONANZA

The Bacon Butty morning raised £520.60 thanks to a hard-working team of butty producers, delicious cake makers, our wonderful supporters and the presence of George's Gorgeous Garden Plants and Hannah's homemade bread.

CHRISTIAN AID WEEK Thank you to all who responded to the house to house collection for Christian Aid week and thanks to the loyal collectors who worked hard to get in the red envelopes. Does your envelope still need collecting? If so either phone 01508498157 or 499405 or drop it in the letterbox of the Rectory The Street Hempnall. **THANK YOU!** Total will be announced next month.

CHURCH WALKS

There have been three good walks to start this year's programme and we have been fortunate to enjoy lovely sunny weather every time.

In March the walk started from Hempnall Rectory and led towards Saxlingham taking in Redwings Horse sanctuary and a ruined church. There was a choice of a long walk of about two hours and a shorter one which took about an hour and a half.



The second walk, in April, started from Hardwick Church. We followed footpaths, bridleways and small country roads through farmland towards Alburgh and the old airfield. We stopped at a cross, erected to commemorate the tragic loss of life in the war when a

Lancaster bomber crashed on take-off in fog. We then returned through the meadows behind Shelton Hall.

The walk in May began at Fritton Church and visited two more, those of Morningthorpe and Shelton. It used good footpaths across farmland with views of lovely open countryside.

The commons of Fritton and Morningthorpe and Shelton Spot were a special feature with their wild flowers and sense of space.

All the walks were well supported and as always the highpoint of each was the welcome hospitality at the end providing the opportunity to sit down together with cups of tea and delicious cakes.



THE VIDIYAL TRUST UPDATE

PAT'S LAST VISIT (although the project still continues)

Madurai

This was our starting point with the building of the school for deaf children as part of the YMCA project that led to a love affair with the city that has never really left me. In those days there were an estimated 25,000 street and working children. There were also hundreds of people living on the streets somehow creating a happy, vibrant community in all the depravity. 27 years has seen great changes, slum clearance programmes and most importantly all children going to school. Fewer children are seen working in the city, more will be in rural areas. It is estimated that over 1 million work in bonded labour.

Ambulance Projects

The work has been in progression for 16 years as we work with a voluntary organisation called Care Plus (a bit like East Anglian Big C). Well over half a million visits have been made over 16 years. My final meeting tomorrow will be with the Regional Cancer Centre. We provide and cover the running costs of 2

ambulances to take palliative care to patients too poor or sick to reach hospital. Well over half a million visits have been made in the 16 years.

Trivandrum

Here we started with our own boys and then girls home. We also started a facility for (hotel) workers – young children, many in bonded labour, who had been contracted out to work in eating houses, but were in very real danger of sexual and physical exploitation. After several years the government stopped employment of children.

Leprosy colony and home

Thanks to generous donations we are able to offer regular food to the residents of a government run leprosy home. We give a nourishing lunch to 300 twice every month. The conditions are poor, many of the residents are too badly disfigured to leave the centre. In the colony we support 29 families.

So at the end, of almost trip 50, and perhaps the best piece of news of all. Muthukumar takes a lot of responsibility for our work, assisted by Ranjith, and now as from today Karthik. This is so wonderful because both boys (well young men but they will always be my boys) both possessing Masters degrees were picked up by, and educated by our trust from ages 4-7. They are our long term future. Could the work be in better hands?! Thank you so much for enabling such events to take place.

Pat Atkinson.

NEED EXTRA OUTDOOR SPACE? to grow vegetables & flowers

OR simply to sit & enjoy the countryside

Town Estate Property Charity – Allotments for rent **ONLY £5.00**

per year

We currently have allotments for rent on the Mill Road site in Hempnall

Anybody interested should contact

Jackie Jackson 01508 499061 jackson.jc@btinternet.com



Need somewhere to hold a function?

Anniversary celebration, children's party, christening, birthday party, family and friends get-together -the **Mill Centre in**

Hempnall is available for hire – please call Jackie Jackson on 01508 499061 or email jackson.jc@btinternet.com



WOODTON VILLAGE HALL



Are you looking for somewhere to run an art or exercise class or are you thinking of holding a meeting or organising a party? Woodton Village Hall offers a spacious and well-equipped venue for any occasion. We have a large room with a stage - suitable for classes or parties - and we also have a smaller meeting room available. There is a

kitchen for all your catering needs and plenty of parking. We offer competitive hire rates please contact Jill Youngman on 01508 482237 or M Barrie at Woodton Village Stores for availability.



Greater Norwich Local Plan (GNLP)- Hempnall

The article in the last parish council newsletter should have read as follows: “The parish council has submitted its views in relation to the potential sites for residential development in Hempnall, having taken into account numerous representations from parishioners. In short, the parish council does not support the development of any sites outside the current development boundary. In addition, the site at Millfields is not a suitable site for residential development other than for an extension of Millfields sheltered accommodation. A public consultation will take place in October 2017 when the GNLP should have reached the stage of publishing Preferred Options accompanied by a Sustainability Appraisal, so there will be further opportunity for you to comment. More info at

<http://www.greaternorwichgrowth.org.uk/planning/greater-norwich-local-plan/>

MORNINGTHORPE RECYCLING CENTRE to close temporarily

Morningthorpe Recycling Centre will be undergoing essential maintenance work **and will be closed to the public from Tuesday 13th June to Friday 4th August.**

The nearest alternative sites are:

- Ketteringham, Station Lane NR9 3AZ (10.9 miles, 20 minutes)
- Mile Cross, Swanton Road, Norwich, NR2 4LH (11.2 miles, 30 minutes)
- Bergh Apton, Wellbeck Road, NR15 1AU (9.6 miles, 20 minutes) - open Friday – Monday Only
- Wymondham, Strayground Lane, NR18 9NA (10 miles, 25 minutes) – open Friday – Monday Only



MOBILE LIBRARY

Would you like to borrow books regularly? Are you interested in helping to advert the mobile library in your village? Or if you would like to find out when the Mobile Library is in your area please phone Karen or Jackie on 01603 222303 or visit their website: www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/routes-and-timetables

WOODTON VILLAGE HALL TOTE WINNERS – April

No.32 D Stennett, No.92 S Trudgill, No24 J Yaxley

HEMPNALL VILLAGE HALL TOTE WINNERS - April

£40 P. Buck £30 S. Jarrett £20 D. Tooms £15 C. Rodger £10 J. Botwright

Happy Birthday to:

Children

Ollie Woodward who will be 10 on the 26th

Teenage

* Jake Dye who will be 15 on the 2nd

* Grace Ellen Collison who will be 15 on the 5th

From the Registers

Weddings

6th May Patrick O'Sullivan & Gemma Balls at
Morningthorpe Church

13th May Simon Sheen & Samantha Stokes at Shelton Church

Funerals

26th April Joey Beckett at Hempnall Church

5th May John Hardaker (aged 95) at Hempnall Church

11th May Christopher Barker (aged 72) at Bedingham Church



CHURCH DIARY

June 2017

Thurs 1 st	7.00pm	Hempnall PCC Meeting	Hempnall Church
Wed 7 th	7.15pm	Deanery Synod	Brooke Church
Thurs 8 th	9.30am	Quiet Morning	Diss Rectory
Sun 11 th	2.30pm	Woodton Church Walk	Meet at Poringland Community Centre
Wed 14 th	7.30pm	Topcroft PCC Meeting	Woodlands
Wed 21 st	7.00pm	Fritton & Morningthorpe PCC Meeting	The Old Rectory
Thurs 22 nd	7.00pm	Woodton PCC Meeting	Home of Gillian & Peter Noakes
Thurs 29 th	7.00pm	Quiet Prayer	Hempnall Church

Every Tuesday at 5.00pm Evening Prayer at The Flat Woodton
 Every Wednesday at 5.00pm Evening Prayer at Hempnall Rectory
 Every Thursday at 8.00am Eucharist at Hempnall Church

CLERGY: Team Rector Michael Kingston 01508 498157
 Team Vicar Liz Billett 01508 482366
 Reader Jackie Cook 01362 288195
 Group Office (Mon-Thurs 9.00am-1.00pm) 01508 498157



If you would like to advertise on the back pages of our magazine or would like to know more please contact Hempnall Group Office (number above), Monday-Thursday 9.00am-1.00pm.

ALL PHONE NUMBERS BEGIN WITH 01508 UNLESS STATED OTHERWISE

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll	Call 550403 or 07785 528069
AM FLOORING – Flooring installation service in and around Norwich amflooring@live.co.uk	07939 417342
ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation	498805
ARKSCAPE LANDSCAPE & GARDENING SERVICES Free quotes no job too small	470482
BED & BREAKFAST at George's House, Woodton e-mail: julietpeter@googlemail.com	Call Juliet 482214
CARPENTER Mark Whitbread Free quotations. No job too small	532605
CARPET AND UPHOLSTERY CLEANING Local reasonable rates	David 01379 608529 or 07768757308
CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT	536182 or 07850402845
CHIMNEY SWEEP	Ring James 07990 655340 or 07944 743681
CHIROPODIST/PODIATRIST Samantha McCluskey 14 yrs NHS experience HCPC registered	07905 724408
CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs	07912146619 & 536573
CUNNINGHAM GARAGE A range of services for all motoring needs, cars and commercials	499232
CURTAIN MAKER – Bespoke hand made curtains, own fabric made into quality curtains	07848 463344
DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services	499761
ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor	07899794813
FEET – Corns, calluses, nail cutting and more, treated in your home	Wendy 01379 676872
GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power.	Call Paul 07803 927303
GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing	Andy 07802702602 / 531168
HEMPNALL HOME CARE SERVICES: personal care and support in your home Contact	Karen 07538 936249
HEMPNALL LAWNMOWER CENTRE Brick Kiln Lane Morningthorpe www.mowdirect.co.uk	473700
HEMPNALL PARISH COUNCIL	website address: www.hempnallpc.org
INDEPENDENT FINANCIAL ADVISER:	Contact Philip Edwards on 499496 or 07917296773
LOCAL SKILLED HANDYMAN AVAILABLE only £12 per hour	Call Mike 07534694673 or 494547
NORFOLK WOODBURNERS, Hempnall. Suppliers and Hetas installers.	498393
OSTEOPATH, Cranial-accidents, back, headache. 01953 789629 e-mail acorns.aylsham.clinical@gmail.com	
OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell	07710 515775 or 532393
PAINTER & DECORATOR Graham Bull over 25 years experience grahambull071@btinternet.com	482409
PAUL CLARRY PLUMBING & HEATING for all your requirements	07887485676 / 550519
PAWS 4 TRAINING – Puppy Life Skills, Obedience, Agility and 1-2-1 Training	499026 / 07709 539903

PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info 482655 / 07850722094
PIANO LESSONS Bedingham. All ages welcome. Marian 482746
PLASTERING – Gary of Jarman Plastering Services 482709 or 0771 7174617
PLUMBER: David Millward. Over 30 years' experience all plumbing work 07763 359313 / 498005
PLUMBING, HEATING, BATHROOMS and More. Here to help with every 'Chore'. Alan 499689/07973967570
RACKHAMS BUILDING SUPPLIES Glass & keys cut, paint mixed, all building requirements 01379 853885
RETRACE ANTIQUES We buy good quality antique, vintage & unusual items 01379 608549.
R.B. COPPING FUNERAL SERVICES, PORINGLAND 494434
ROSEDALE FUNERAL HOME Beccles & Bungay, a family business 01986 892790/ 01502 714445
SAFE & SOUND HYGIENE AND PEST CONTROL + garden maintenance 01379 788865 / 07809226109
SMALL LICENSED BOARDING CATTERY Established 1987 Reasonable rates 530580
STRATTON CABS Competitive rates, Airports a speciality Freephone 0800 2800430, 532452 / 01379674791
S.W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming 495528
TREE SURGEON NTPC qualified. Alan Bell Call 532393 or 07710 515775
WHERRY VETERINARY GROUP Surgeries at Hempnall and Bungay 01986 892771
WILLS / ESTATE planning, accredited by Trading Standards, Rick Mantin 01603 765337 07789 194430
WINDOW WONDERLAND: window cleaning services contact Sam Raynes 482679 or 07975579292
WWW.MOUSE-COMPUTING.CO.UK For all your computer problems and advice Mike 07813 026580

**Copy for the July/August issue of Outlook should be
delivered/posted to:
Group Office, The Rectory, The Street, Hempnall, NR15 2AD
before 15th June
or e-mail: hempnallgroup.office@btinternet.com**

**Please note the next issue is for 2 months so get your September future
events in next time.**