

Outlook

November 2017



Serving the parishes of

**Bedingham Fritton Hardwick Hempnall
Morningthorpe Shelton Topcroft Woodton**

www.hempnallgroup.co.uk

Hempnall Group Services November 2017

Sunday 5th		All Saints Day	White
Group Eucharist for All Saints	10.00am	Woodton Church	
Commemoration Service	3.00pm	Hempnall Church	
Readings: Revelations 7:9-end, 1 John 3:1-3, Matthew 5:1-12			
Sunday 12 th		Remembrance Sunday	Red
Eucharist (BCP) with Act of Remembrance	8.00am	Fritton Church	
Act of Remembrance	9.00am	Bedingham Memorial	
Act of Remembrance	9.30am	Woodton Church	
Remembrance Service	11.00am	Hardwick Church	
Remembrance Service	11.00am	Topcroft Church	
Act of Remembrance / Remembrance Service	10.50am	Hempnall War Memorial / Hempnall Church	
Readings: Romans 8:31-39, John 15:9-17			
Sunday 19 th		2 nd Sunday before Advent	Red
Eucharist	8.00am	Topcroft Church	
Eucharist	9.30am	Bedingham Church	
Eucharist	9.30am	Hempnall Church	
Eucharist	11.00am	Hardwick Church	
Holy Communion	2.30pm	The Hollies	
Readings: Zephaniah 1:7,12-18, 1 Thessalonians 5:1-11, Matthew 25:14-30			
Sunday 26 th		Sunday next before Advent Christ the King	Red
Eucharist	9.30am	Woodton Church	
Eucharist	9.30am	Hempnall Church	
Eucharist	11.00am	Topcroft Church	
Eucharist	11.00am	Morningthorpe Church	
Readings: Ezekiel 34:11-16,20-24, Ephesians 1:15-end, Matthew 25:31-end			

Every Thursday at 8.00am there is Holy Communion
in Hempnall Church

The Flat, George's House, The Street, Woodton, NR35 2LZ

Dear Friends

Sometimes gifts are so big we do not see them for what they are.

The vast dome of our East Anglian sky, and its breath-taking sunrises and sunsets: the limitless sea stretching out beyond the horizon as we stand on the sea shore: the ever changing colour of the trees along the A140 on the dual carriageway. O the staggering beauty we pass by every day often unawares

At other times we seem to know instinctively what is gift. Last month I had the joy of blessing some of our animal friends and companions. They offer us unconditional love and friendship in their silent trust and acceptance of who we are and in so doing bring hope and healing.

Sometimes we only fully realise the gift of a person's life when they are no longer with us. Last month we said farewell to The Reverend Conal Mahony. His life was a gift to the world, in ways that we will never know this side of heaven. He was a gift to the Franciscan Order. He was a gift to Jackie, to his family and friends to the people of this Group of Churches which he lovingly served for many years. He was our priest, he was our friend and he loved us. He did so in his unique way, sharing our laughter and joys, our sadness and sorrows. We are different people because of him and we are deeply grateful for all he has given us. Conal is all that he ever was. His life remains a gift to us all.

On Sunday 5th November 3pm at Hempnall Church we have an opportunity to remember the gift of our loved ones who have died. To light a candle in their precious memory, and in a quiet moment see how their presence with us continues to shape and form us in our living and loving.

With my love

A handwritten signature in purple ink, appearing to be 'Wiz' or 'Wiz.', with a large loop at the end.

Events for your diary in November

HEMPNALL W.I.

Our next meeting will be the **Annual General meeting** to be held on **Wednesday 1st November** at the Mill Centre; the meeting starts at 7.30pm. New members always welcome. There will be delicious refreshments and a raffle and the chance for a chat amongst friends after the reports and some fun and entertainment. If you would like to know more about our group and this meeting then please contact our Secretary, Sue Eagle 01508 499559 or just come along.

The outing to St Peter's Brewery in September was greatly enjoyed and very interesting – we enjoyed the beer tasting too! Our next outing in January 2018 will be to the Theatre Royal to see "Top Hat"



Friends of Hempnall School Fireworks 2017

Saturday 4th November 5pm - 9pm

Hempnall Village Hall Playing Field

Huge display, BBQ and hog roast, licensed bar, hot drinks, jacket potatoes, toffee apples, glo-sticks, sweets

Tickets on the gate only: Adults £5

Children under 16 £2 (under 2s free), Family ticket (2+2) £12

(NB Sparklers NOT permitted. No parking at event; please park considerately around the village)

FOOD BANK - With winter approaching, basics are needed and Christmas goodies are always appreciated, but please check 'use by' dates – especially on packets of mince pies. Also we are often focused on families, but single people and pensioners (and their animals) sometimes need to access the food bank. Your items could give someone a very 'Happy Christmas!'

Our next collection will be **on Sunday 5th November** at Woodton **Church**. As there are no Group Service until 17th Dec, please leave any items for Food Bank in any of our churches by 10th Dec and these will be passed on to the Food Bank before Christmas or Items can be left in the church office, The Rectory, The Street, Hempnall Monday-Thursday, 9am-1pm.



The Hempnall Group of Parishes

COMMEMORATION SERVICE

Remembering our loved ones who have died

Hempnall Church Sunday 5th November at 3pm



Each year we hold a special service to remember and give thanks for those who have died. We warmly invite you, your family and friends to this year's Commemoration Service. You will be very welcome to stay for tea after the service.

If you would like further information please contact:

Revd Michael Kingston 01508 498157 or Revd Liz Billett 01508 482366

WOODTON & BEDINGHAM MONDAY CLUB

Next meeting **Monday 6th November** at 2 p.m.

Everyone, ladies and gentlemen, would be most welcome whether you would like to come along to knit, sew, play board games, do puzzles or just come along for a cup of tea and a chat. If you are not able to knit or crochet but would like to try your hand then come along there will always be someone available to offer advice and help.

For further information please contact Pam Mariner on 01508 483796 or Janet Chadwick on 01508 483996.

THE MILL CAFÉ- Hempnall

6th November, 4th December, 8th January

10.00am to 2.00pm

for more information contact: Margaret Sparham

(Wed and Thurs on 499766 or 499579 at other times)

Hempnall Mill Centre, Mill Road, Hempnall. NR15 2LP

www.hempnalltrust.org.uk



Hempnall Mill Centre – LUNCHEON CLUB

Wednesdays and Thursdays **for £5.00**

Morning tea or coffee served on arrival from 11am. A two course lunch served at 12 noon. Pick up travel can be arranged - for more information contact: Margaret Sparham (Wed and Thurs on 499766 or 499579 at other times).



THE ARK

at Hempnall Church Wednesday 8th November 2pm-3pm
for pre-school children, up to 4 years
Games, Snacks, Story, Crafts
come and join us for lots of fun!! ALL WELCOME

WOODTON & BEDINGHAM LADIES TOGETHER

Next meeting **Wednesday 8th November** at 7.30 p.m. in Woodton Village Hall. The Speaker this month will be Dan Bradbury talking about the work of the World Land Trust. Visitors are always welcome. For further information please contact Tricia Gunson on: 01508 482543.



HEMPNALL CHURCH CHRISTMAS CRAFT FAIR
AT HEMPNALL VILLAGE HALL- in aid of St. Margaret's Church Hempnall

Saturday 11th November, 10.00am-1.00pm

Over 25 stalls! Various gifts of Christmas: furniture, cards, bags, patchwork, jewellery, wood turning, crafts, candles, etc. etc. Refreshments and Raffle. Free entry. For further information please contact Claire Key 01508 499342.

OPERATION CHRISTMAS CHILD

If you have packed your shoe box please could you ensure that it is left at Hempnall Rectory or Minnie's shop in Woodton, the deadline is **November 11th**.

Any queries please contact the Rectory 01508 498157 or Claire on 01508 482447. Thank you all for your support. Happy packing!



TOPCROFT SOCIAL CLUB QUIZ NIGHTS Pre Christmas dates **Saturday Nov 11th and 25th and Dec. 9th**. 7.30 for 8 p.m. start. Max 6 per team £2 pp. Good prizes.

TOPCROFT PARISH COUNCIL MEETING

to be held at Topcroft Pavilion on: Monday 13th November 7.30pm

For further details please contact the Clerk:

Tel. 01379 855486 or email: topcroftpc@gmail.com

*Website: topcroftpc.norfolkparishes.gov.uk **All Parishioners are welcome***

WOODTON PLAYING FIELD ASSOCIATION will be holding its AGM on **Monday 13th November 7pm** in the committee room at Woodton village Hall. Contact number for enquiries 01508 518007.

ZUMBA GOLD at **Hempnall Mill Centre on Thursday 16th November** at 2pm- cost £3. Zumba gold is a chair based exercise to music. Come and give it a try, or call Margaret on 499579 - tea and cake included.

HARDWICK HOP at Topcroft Social Club
on SATURDAY 18th NOVEMBER, 7.30pm-11.30pm

Various DJs playing music from the 1940s and 1950's
Only £5 for tickets on the door

HEMPNALL ART CLUB invites you to come along for a taster session and to meet our **Tutor** Mary Lowden on **Tuesday 21st November 10.15am – 1pm**. Anyone is welcome to join us and try your hand at painting. We will be having a regular tutor session on the **3rd Tuesday** every month. Why not come along and give it a try? Contact Graham Dunthorne 01508 550775

DROP IN

Hempnall Church, Wednesday 22nd November, 2pm – 3pm

A time to sit and chat over refreshments.

Everyone welcome. Children's corner.

Feel free to bring your knitting / sewing.

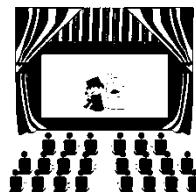
For more information contact: Jackie Cook 01362 288195



HEMPNALL VILLAGE HALL AGM

The AGM will be on **Thursday 23rd November at 7pm in the Nelson Room**. Refreshments will be served after the meeting Please come and lend your support! **ALL WELCOME**.

HEMPNALL CINEMA CLUB – Our next film night is **Friday 24th November** and we will be showing the brilliant remake of the British Comedy **WHISKY GALORE** Tickets are on sale 1st November 2017, from Ned Potts on 01508 499741. .



SAXLINGHAM PLAYERS are performing the play "The Heiress" at the Village Hall, Saxlingham on **Wednesday 29th, Thursday 30th November, Friday 1st and Saturday 2nd December**. Tickets are £7 each and can be obtained by ringing Vicky Stocks on 01508 499631.

Future Events For Your Diary

THURSFORD CHRISTMAS SPECTACULAR

I have four tickets remaining for **Saturday 9th December** leaving Hempnall at 11.50 am.

Cost is £50, includes Ticket, bus fare, Raffle and tip for the driver.

If interested please contact Margaret Sparham 01508499579



WOODTON CHURCH IS HAVING A CHRISTMAS FAIR on Saturday 9th December from 2 to 3.30 pm at Woodton Village Hall. Father Christmas will be arriving at 2.15 pm with a free gift for all children. There will be raffles, including one for children, a cake stall and games for the children and seasonal refreshments. All welcome.

**Sunday 10th December Wymondham Symphony Orchestra
Hempnall Village Hall FAMILY CONCERT - A Christmas Hamper**

- A Christmas Hamper - Tony Hewitt Jones
- Troika, from *Lt Kijé* - *Sergei Prokoviev*
- *Sleigh Ride* - *Leroy Anderson*
- *Dances from The Nutcracker Suite* - *Pyotr Tchaikovsky*

- *The Holly and the Ivy* - John Gardner
 - *The 12 Days of Christmas and other carols*
- The orchestra will be joined by children from Hempnall and Shelton Schools for a programme full of seasonal favourites.



Start time - 3:30pm

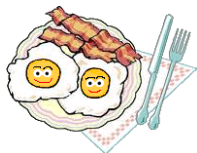
Ticket prices:- £10 (adult), £8 (Friends), £2 (children).

Tickets available from Hempnall School or from Mr Paul Chambers on 07701 067644.

HARDWICK & SHELTON

Our popular **Christmas Dinner** will be held in the Village Hall, Hardwick on **Saturday 16th December**.

Tickets are available from Christopher Perry-Yates at the Post Office in the Village Hall on Saturday mornings or telephone (01508) 535128.



WOODTON VILLAGE HALL BREAKFAST CLUB

Two very successful Breakfast Club events have been held to help raise funds for Woodton Village Hall over the summer. Thanks to all from within the village and those

from further afield who have supported both events and it has been a pleasure to welcome people of all ages who have enjoyed an excellent breakfast, a chance to catch up or read the Sunday papers. Our next Breakfast Club will be a **Christmas special on Sunday 17th December** from 9.00 – 11.00 am. Please call Mandy to reserve your table 07772 767116 or speak to M Barrie at Woodton Village Stores.

Thank you

Richard Holden - Jean, Caroline and Freddie would like to thank everyone for the supportive letters, cards and flowers, at their loss of Richard. The wonderful comments about Richard helped us all. The sum of £563.00 was donated to each charity - thank-you so much.

Thank you to all who have provided support following the loss of **Douglas Ross** from Topcroft, September 2017. Special thanks to Margaret and David Ferre who were phenomenal and Liz and Michael for an excellent service.

Jenny Ross, Topcroft

CONAL MAHONY

We as a family were completely overwhelmed by the love, generosity, care and friendship shown to us by the Hempnall Group of Parishes, after **Conal's** death.

For the wonderful refreshments after the funeral – the lovely flowers on the tables in his colours and in the hall, the hard work of all who were there to serve food and drink, I can't thank you enough. Special thanks to Nicola Green for the beautiful flowers in Church, and for the exquisite spray of flowers which went on Conal's coffin.

Thank you Toby and Joshua for your pretty rainbow colour flowers in the church porch that you did for Popsy.

Thank you to all who have sent cards and letters to us, you have truly expressed how wonderful, compassionate and God fearing a man Conal was.

You loved him, and his family, we as a family respond to you all in love. Thank you so very much. **Jackie, Catherine & Martin & family.**

The '**Topcroft walk**' took place on 17th September. There was an option to take a shorter route however all eighteen of us chose to walk the longer 5-6 miles across fields, along footpaths and lanes. We were all ready for the lovely cup of tea and cake waiting for us at the church. Thanks to everyone who came.



A big thank you to all those who entered the Topcroft Photographic Competition. It was a lovely afternoon enjoyed by all those who came. The judge commented on the selected photos and gave ideas for improvement and answered a range of questions. He said all the photos entered were excellent in their own way. The winning photos in each category were as follows: Wildlife – M Ferre; Dawn or Dusk – S Eastell; Landscape – G Munsey; Transport – G Moulton."

THANK YOU TO ALL WHO SUPPORTED US By selling plants, vegetables and fruit outside our house we have raised this year over £211.00. This money will be going towards 'Home from Home'. A Charity in South Africa which provides a safe home for orphaned children. A big thank you to everyone who provided their surplus plants and vegetables, particularly Derek Cracknell and Paul Burcham.

David and Claire Key, Hempnall

BEDINGHAM WALK

This year our last walk was on Sunday 8th October when 23 walkers and one dog were lucky to have a fine day.

The walk started from Hall Road and took a route round the outside of Sexton's Wood following a private road and then taking footpaths through fields and along the border of this lovely wood. There were no stiles to contend with but several footbridges. As usual we enjoyed a splendid tea to finish. This time provided by Jane Bond and Carolyn Buckland. We thank them for so kindly entertaining us in Bedingham church. We are also most grateful to the Seaman family for allowing us to park on their land.

HEMPNALL ART CLUB meets in the Nelson Room at Hempnall Village Hall

Your chance to join a flourishing Club and paint with local artists!



The Club is open three times a week. Monday 1.00pm – 3.30pm
Tuesday 10am – 1.00pm and Tuesday evening 7.00pm – 9.30pm - which is a mixture of painting and Crafts.

Membership is £5 per annum and £2 every time you come.

All members are expected to turn up weekly if possible and to give a helping hand with exhibitions, workshops and tea /coffee making.

At the Tuesday morning session a Tutor will attend to guide and instruct once a month. Contact Graham Dunthorne on 01508550775 **or** just turn up at the times above and have a look and join in.

BEDINGHAM VILLAGE TOTE – Latest Winners

no. 38 K Ripley. No 57. N. Smith. No 20. B. Seaman. No 21. Richard and Jane.

Borderhoppa is looking for volunteers and trustees to join our vital community transport service in south Norfolk and north Suffolk.

Users of the service include the elderly, young people, community groups, the rurally isolated and those with impaired mobility. Our door to door dial-a-ride service helps people to carry out important tasks such as attend medical appointments, go shopping, pay bills, participate in social events and visit friends and family.

If you are interested in supporting us by becoming a volunteer/trustee or both we would love to hear from you. For more information please contact Tom Clarke, Manager 01379 854800.

WHAT'S ON AT HEMPSTALL VILLAGE HALL?

Boxercise and circuits	01508 498721	
Children's Tennis Coach	07738 529 299	
Computer Classes	01508 499405	
Fitmix (exercise classes)	01508 498303 or	07918 907 423
Hempnall Art Club	01508 499498 or	01508 499376
Hempnall Badminton Club	01508 499342	
Hempnall Cinema Club	01508 499741	
Hempnall Computer Users' Club	01508 499479	
Hempnall Football Club	01508 499688	
Hempnall Little Ones		
(Baby and Toddler Group)	07940 436 805	
Hempnall Short Mat Bowls Club	01508 499479	
Hempnall Tennis Club	01508 498187	
Laughter Yoga	01508 531334	
Pilates classes	01603 503718	
WEA adult education courses	01508 499495	
Yoga classes	07714 347 982	
Bookings	01508 499495	

HEMPSTALL VILLAGE HALL TOTE WINNERS for September 2017
£40 G. Reeder. £30 R. Firman. £20. E. Allen. £15. C. Martin. £10. C. Allison

Hempnall Village Hall PIANO surplus to requirements.

If you are interested please phone 01508499405 or 499162

WOODTON VILLAGE HALL TOTE WINNERS

September winners: Mrs C Davies, Mr M Ashton and Mrs J Wickstead

October winners: Mrs P Walpole, Mrs E Webb and Mr A Holden

Membership to the Tote is £12 per year. We are always looking for new members and if you are interested in joining the Tote please contact Pam Mariner on 01508 483796. The draw takes place every month and there are 3 prizes of £20, £10 and £5.

All monies raised go toward the upkeep of the village hall.

TENDERS INVITED

The Hempnall Trust would like to invite for tenders to cut the Mill Centre grass and hedges (including the Doctors/Allotment car park).

All tenders should be addressed to The Hempnall Trust,
c/o Jackie Jackson, School View, The Street, Hempnall, Norwich, NR15 2AD
or email jackson.jc@btinternet.com

The grass is to be cut once a fortnight during the growing season i.e. March to October) and the hedges twice a year, winter and mid-summer (after bird nesting season). Closing date for all tenders is 1st December 2017.

To book Hempnall Mill Centre please tel/fax Jackie Jackson 01508 499061 e-mail info@hempnallmillcentre.co.uk

website: www.hempnallmillcentre.co.uk

Did you know? You can now find information on **The Hempnall Trust** – www.hempnalltrust.org

Happy Birthday to:

Children

- * Georgie Rush who will be 8 on the 5th
- * Alfie Tyrell who will be 11 on the 22nd

Teenage

- * Theo Wood who will be 15 on the 4th
- * Thomas Sussams who will be 18 on the 9th
- * Thomas Lloyd who will be 15 on the 17th
- * Danielle Bond who will be 17 on the 18th
- * Marcus Lloyd who will be 18 on the 21st



CHURCH DIARY - November 2017

Wed 1 st	2.15pm	Treasurer's Benefice Support Meeting	Diocesan House
Tues 7 th	2.30pm	Get together at Basil and Pat's	Chapel Hill, Woodton
Thurs 9 th	12noon	Hardwick & Shelton PCC Meeting	Fidelis
	7.00pm	Bedingham PCC Meeting	The Flat
	7.00pm	Woodton PCC Meeting	The Butlers, Eastview, Woodton
Thurs 16 th	2.30pm	Hymn Choosing	Kath Wilby's
	7.00pm	Hempnall PCC Meeting	Hempnall Church
	7.30pm	Topcroft PCC Meeting	Topcroft Lodge
Sun 19 th	2.00pm	Baptism of Martha Saunders	Hempnall Church
Tues 21 st	7.00pm	Fritton & Morningthorpe PCC Meeting	The Old Rectory
Thurs 23 rd	7.00pm	Quiet Prayer	Hempnall Church

Every Tuesday at 5.00pm Evening Prayer at The Flat Woodton
 Every Wednesday at 5.00pm Evening Prayer at Hempnall Rectory
 Every Thursday at 8.00am Eucharist at Hempnall Church

CLERGY: Team Rector Michael Kingston 01508 498157
 Team Vicar Liz Billett 01508 482366
 Reader Jackie Cook 01362 288195
 Group Office (Mon-Thurs 9.00am-1.00pm) 01508 498157



From the Registers

Baptisms

8th Oct Olivia Grace and Katelyn Rae Welstead
 at Hempnall Church

Funerals

15th Sept Alan Shorton (aged 79) at Colney Wood
 27th Sept Douglas Ross (aged 84) at Topcroft Church
 4th Oct Conal Mahony (aged 79) at Hempnall Church
 5th Oct Beryl Smith (aged 85) at Waveney Crematorium
 and a Memorial Service at Bedingham Church

ALL PHONE NUMBERS BEGIN WITH 01508 UNLESS STATED OTHERWISE

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll	Call 550403 or 07785 528069
AM FLOORING – Flooring installation service in and around Norwich amflooring@live.co.uk	07939 417342
APPLE JUICING SERVICE. Norfolk Scrumpers press, pasteurise, and bottle your apples.	820103
ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation	498805
ARKSCAPE LANDSCAPE & GARDENING SERVICES Free quotes no job too small	470482
ART WATERCOLOURS FOR BEGINNERS / IMPROVERS from JAN 2018 gill@gilly-marklew.co.uk	499070
BED & BREAKFAST at George's House, Woodton e-mail: julietpeter@googlemail.com Call Juliet	482214
CARPENTER Mark Whitbread Free quotations. No job too small	532605
CARPET AND UPHOLSTERY CLEANING Local reasonable rates David	01379 608529 or 07768757308
CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT	536182 or 07850402845
CHIROPODIST/PODIATRIST Samantha McCluskey 14 yrs NHS experience HCPC registered	07905 724408
CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs	07912146619 & 536573
CUNNINGHAM GARAGE A range of services for all motoring needs, cars and commercials	499232
CURTAIN MAKER – Bespoke hand made curtains, own fabric made into quality curtains	07848 463344
DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services	499761
ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor	07899794813
FEET – Corns, calluses, nail cutting and more, treated in your home Wendy	01379 676872
FOOTCARE Home visits for the treatment of nails, dry skin, corns etc Ring Nicky	0771 9727581
GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power. Call Paul	07803 927303
GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing Andy	07802702602 / 531168
HEMPNALL HOME CARE SERVICES: personal care and support in your home Contact Karen	07538 936249
HEMPNALL LAWNMOWER CENTRE Brick Kiln Lane Morningthorpe www.mowdirect.co.uk	473700
HEMPNALL PARISH COUNCIL website address: www.hempnallpc.org	
JMB BUILDING AND PROPERTY MAINTENANCE: 20 years experience, fully insured Call Jon	07825 542958
LOCAL SKILLED HANDYMAN AVAILABLE only £15 per hour Call Mike	07534694673 or 494547
NORFOLK WOODBURNERS, Hempnall. Suppliers and Hetas installers.	498393
OSTEOPATH, Cranial-accidents, back, headache. 01953 789629 e-mail acorns.aylsham.clinical@gmail.com	
OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell	07710 515775 or 532393
OLD HALL FARM SHOP, Norwich Road, Woodton for the best Raw Milk in Norfolk	07900 814252
PAINTER & DECORATOR Graham Bull over 25 years experience grahambull071@btinternet.com	482409
PAUL CLARRY PLUMBING & HEATING for all your requirements	07887485676 / 550519
PAWS 4 TRAINING – Puppy, Obedience, Agility Training and Training Worksho	499026 / 07709 539903

PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info 482655 / 07850722094
PIANO LESSONS Bedingham All ages welcome Marian 482746
PLUMBER: David Millward. Over 30 years' experience all plumbing work 07763 359313 / 498005
PLUMBING, HEATING, BATHROOMS and More. Here to help with every 'Chore'. Alan 499689/07973967570
RACKHAMS BUILDING SUPPLIES Glass & keys cut, paint mixed, all building requirements 01379 853885
RETRACE ANTIQUES We buy good quality antique, vintage & unusual items 01379 608549.
R.B. COPPING FUNERAL SERVICES, PORINGLAND 494434
ROSEDALE FUNERAL HOME Beccles & Bungay, a family business 01986 892790/ 01502 714445
SAFE & SOUND HYGIENE AND PEST CONTROL + garden maintenance 01379 788865 / 07809226109
SMALL LICENSED BOARDING CATTERY Established 1987 Reasonable rates 530580
STRATTON CABS Competitive rates, Airports a speciality Freephone 0800 2800430, 532452 / 01379674791
S.W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming 495528
TREE SURGEON NTPC qualified. Alan Bell Call 532393 or 07710 515775
VETERINARY SERVICES IN YOUR OWN HOME. Less Stress for your pet - Let Rosie come to you. 498718
WHERRY VETERINARY GROUP Surgeries at Hempnall and Bungay 01986 892771
WILLS / ESTATE planning, accredited by Trading Standards, Rick Mantin 01603 765337 07789 194430
WINDOW WONDERLAND: window cleaning services contact Sam Raynes 482679 or 07975579292
WWW.MOUSE-COMPUTING.CO.UK For all your computer problems and advice Mike 07813 026580

CHRISTMAS TREES for Sale All sizes £4 per foot, Rookery Lane, Topcroft, NR35 2BH. 9am-4.00pm – can deliver.
Tel: 01508 482268 or Mobile: 07768 668571.



PLEASE REMEMBER OUR NEXT ISSUE IS FOR
2 MONTHS

Copy for the December/January issue of Outlook should be delivered/posted to:
Group Office, The Rectory, The Street, Hempnall, NR15 2AD
before 15th November
or e-mail: hempnallgroup.office@btinternet.com