

Outlook

July & August 2016



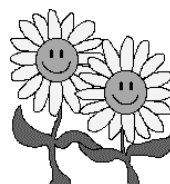
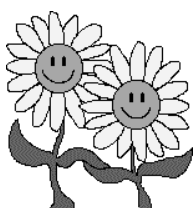
Serving the parishes of

**Bedingham Fritton Hardwick Hempnall
Morningthorpe Shelton Topcroft Woodton**

www.hempnallgroup.co.uk

Hempnall Group Services July

Sunday 3rd		6th Sunday after Trinity	Green
Group Service Celebrating Creation Celtic Eucharist	10.00am	Bedingham	
Holy Communion	2.30pm	The Hollies	
<i>Readings: to be arranged</i>			
Sunday 10th		7th Sunday after Trinity	Green
Eucharist (BCP)	8.00am	Morningthorpe	
Eucharist	9.30am	Woodton	
Eucharist	9.30am	Hempnall	
Eucharist	11.00am	Topcroft	
Matins	11.00am	Shelton	
<i>Readings: Deuteronomy 30:9-14, Colossians 1:1-14, Luke 10:25-37</i>			
Sunday 17th		8th Sunday after Trinity	Green
Eucharist	9.30am	Bedingham	
Morning Service	9.30am	Hempnall	
Eucharist	11.00am	Hardwick	
<i>Readings: Genesis 18:1-10A, Colossians 1:15-28, Luke 10:38-42</i>			
Sunday 24th		9th Sunday after Trinity	Green
Group Taize Service	10.00am	Topcroft	
<i>Readings: to be arranged</i>			
Sunday 31st		10th Sunday after Trinity	Green
Eucharist	9.30am	Woodton	
Eucharist	9.30am	Hempnall	
Eucharist	11.00am	Fritton	
Morning Praise	11.00am	Topcroft	
<i>Readings: Ecclesiastes 1.2:12-14-2:18-23, Colossians 3:1-11, Luke 12: 13-21</i>			



Hempnall Group Services August

Sunday 7th		Lammastide
Lammas – open air service with picnic	11.00am	The Cooper's field
<i>Readings: to be arranged</i>		
Sunday 14th		12th Sunday after Trinity
Eucharist (BCP)	8.00am	Morningthorpe
Eucharist	9.30am	Woodton
Eucharist	9.30am	Hempnall
Eucharist	11.00am	Topcroft
Matins Patronal Festival	11.00am	Shelton
Holy Communion	2.30pm	The Hollies
<i>Readings: Jeremiah 23:23-29, Hebrews 11:29-Chp 12:2, Luke 12:49-56</i>		
Sunday 21st		13th Sunday after Trinity
Eucharist	8.00am	Topcroft
Eucharist	9.30am	Bedingham
Morning Service	9.30am	Hempnall
Eucharist	11.00am	Hardwick
<i>Readings: Isaiah 58:9b-14, Hebrews 12:18-29, Luke 13:10-17</i>		
Sunday 28th		14th Sunday after Trinity
Eucharist	9.30am	Woodton
Eucharist	9.30am	Hempnall
Matins BCP	11.00am	Fritton
Morning Praise	11.00am	Topcroft
<i>Readings: Proverbs 25:6-7, Hebrews 13:1-8, 15-16, Luke 14:7-14</i>		

Every Thursday at 8.00am there is Holy Communion in
Hempnall Church

Every Tuesday at 5.00pm Evening Prayer at Llamados (Bill Clutten's)

Every Wednesday at 5.00pm Evening Prayer at Hempnall Rectory

Every Thursday at 8.00am there is Holy Communion in Hempnall Church

Dear All

Over the past few years, a number of people have moved into our villages whilst others have moved away. Outlook is here for all to see what is going on and thank you for all those who do so much and get involved in all aspects of village life.

The 8 churches in the Hempnall Group are always open enabling anybody to pop in, look round, pray or just spend a quiet moment. If you haven't had a look round, I hope you may find the time this summer and enjoy the beauty and history of these places.

I came across the following poem by Grace Naessens called the Difference. Life seems so busy, the year is flying by, and these words may just help us in our busyness!

*I woke early one morning,
and rushed right into the day;
I had so much to accomplish,
that I didn't have time to pray.
Problems just tumbled about me,
and heavier came each task.
"Why doesn't God help me," I wondered;
He answered, "You didn't ask."
I wanted to see joy and beauty,
but the day toiled on, grey and bleak.
I wondered why God didn't show me;
He said "But you didn't seek."
I tried to come into God's presence;
I used all my keys at the lock.
God gently and lovingly chided,
"My child you didn't knock."
I woke up early this morning,
and paused before entering the day.
I had so much to accomplish, that I had to take time to pray.*

Here's hoping that you all have an enjoyable time this summer where ever you go and whatever you do.

Michael

Events for your diary in July

FRIENDS OF BEDINGHAM CHURCH

The Jarvis' Garden, School Road, Bedingham Green is open on July 1st at 7pm for a chance to meet friends and enjoy garden games, raffle, cakes etc. All funds raised will go to Bedingham Church Fabric Fund. Also cooking hot dogs from 7.15pm. Please come and enjoy a really friendly evening.



HARDWICK CHURCH Saturday 2nd July 10.00 – 12.30

Returning by popular request...

BOOK SALE and REFRESHMENTS

Hundreds of second hand books for sale ...
also bric-a-brac, cards, tombola and raffle...

Proceeds in aid of Hardwick and Shelton Churches

*Donations of books/bric a brac/ raffle prizes welcome, **to be left, please, in back of church by 28 June***

SAXLINGHAM COUNTRY FAYRE SUNDAY 3rd JULY, 12pm – 4pm

Saxlingham Nethergate Playing Fields

COME ALONG AND ENJOY THE FUN!

Vintage tractors, pony rides, children's activities, craft stalls, bouncy castle, dog show, games, Norfolk Wildlife Trust, BBQ, art exhibition, bowls, cakes, strawberries and cream and much more! Fundraising for the Friends of Saxlingham School and other local groups/charities.



Concert



**St Mary's Church, Shelton
on Sunday 3rd July at 3.00pm
*Sine Nomine, a small Norwich-based
cappella choir directed by Ben Miller***



Singing a varied programme of music –
sacred, madrigals and folk songs
featuring lads and lasses, nightingales
and swans – music perfect for a Sunday afternoon.

Refreshments available after the concert.

**Entrance free, but retiring collection for
Shelton Church and The Vidiyal Trust**

COME AND JOIN US AT HEMPSTALL MILL CAFÉ on Monday 4th July

Tea or coffee, homemade scones and cake from 10am and light lunches from 12 noon -2pm at the Mill Centre, Mill Road Hempnall NR15 2LP For more information contact Margaret Sparham -Phone no: 01508499766 on Café days only 9am – 2pm or 01508 499579 at other times. **Future dates - 1st August & 5th September**



HEMPSTALL MILL CENTRE – LUNCHEON CLUB Wednesdays and Thursdays

Morning tea or coffee served on arrival from 11am and a two course lunch served at 12 noon- £4.50. Pick -up travel can be arranged. For more information contact: Margaret Sparham (Wed and Thurs on 499766 or 499579 at other times)

URGENT- COOK REQUIRED

The Hempnall Mill Centre is looking for an enthusiastic, self-motivated cook to work at Hempnall Mill Lunch Club on two days a week and at The Mill Café one day a month. Please contact Jean Griffiths for more details on 01508 499421 or jeangriffiths1950@gmail.com

FIRST AID TRAINING FOR ALL –OPEN TO ALL. Come and find out the latest First Aid advice including the use of a defibrillator and CPR. (Defibrillators are available at Hempnall Village Hall and in Woodton)

HEMPSTALL WOMEN'S INSTITUTE is pleased to welcome anyone who wishes to take this opportunity to brush up their First Aid knowledge.

This meeting will be on **Wednesday July 6th at 7.30pm at the Mill Centre Hempnall . Non-members £3**

There will be delicious refreshments and a raffle and the chance for a chat amongst friends after the talk. If you would like to know more about our group and this special meeting then please contact our Secretary, Sue Eagle 01508 499559 or just come along.

FOOD BANK

The generosity of people continues with every collection. Thank you so much. The next collections are: **3rd July at Bedingham Church and 24th July at Hempnall Church.** There will be no collection in August because of the Lammas Picnic. Hopefully the collection on 4th September at Hempnall Church will compensate! Each church should now have details available as to how to access The Food Bank if the need arises.

TOPCROFT SOCIAL CLUB QUIZ NIGHTS on Friday Nights during the Summer
Dates **July 8th - Aug 5th** - Sept 2nd and Sept 30th.

OUR LITTLE FRIENDS 1940'S HANGAR DANCE
with the **JONATHAN WYATT BIG BAND**
AT AIRFIELD FARM TOPCROFT

Saturday 9th July gates open at 6.30pm. Food & drink available.

Bar, BBQ & Hog Roast on site. Dance Tickets £13.50 in advance or
£15 at the gate. For all enquiries and tickets please contact 01379
870004 or email ourlittlefriends@ymail.com



HEMPNALL PRIMARY SCHOOL SUMMER FETE

Hempnall Primary School

Sunday 10th July 2016 12noon - 3:30pm

BBQ, Bar, Bouncy Castle, Puffing Billy Road Train, Guess

how many balloons in the Tractor, Tug of
War, Traditional Games, Tombola, Raffle

For more information, or if you would like to help out or have a
stall/pitch at the Fete, please contact Laura Johnson on 01508
499536



TOPCROFT PARISH COUNCIL MEETINGS

to be held at Topcroft Pavilion on:

- **Monday 11th July** at 7.30pm All parishioners welcome!

THE ARK

For carers and toddlers 0-4 years

Wednesday 13th July &

Wednesday 10th August 2pm-3pm at

St Margaret's Church, Hempnall.

There will be a sing time, play time, snack time, and story time.
Come and join us - all are welcome, it's free!



SEND OFF FOR MRS ELSTON

Mrs Elston, the current Head Teacher at Shelton with Hardwick and Hempnall Primary Schools is retiring at the end of this academic year after many years in education. We are planning a special send-off on **Thursday 14th July** at Hempnall Primary School and would like as many people as possible to join us.

From **1.30-2.30pm** all **parents/grandparents/carers of current or former pupils, former pupils (whatever their age!) and governors** are welcome to join us for afternoon tea and cake at the school.

From **2.30pm to 3pm** there will be a presentation/celebration in the school hall.

From **3.15pm-4.15pm** former pupils who are currently at schools elsewhere are welcome to pop in, together with former governors, staff, contractors and colleagues from the Local Authority and other schools.

We have started a collection to buy Mrs Elston something special in recognition of all her hard work. If you wish to contribute you can send this in by envelope by 4th July, please mark it 'Mrs Elston's collection' and hand to the school office (NOT Mrs Elston!).

If you have any fond memories or any interesting/embarrassing photos of Mrs Elston, please feel free to send them in to the school as we are assembling a memories book. We can photocopy them and return originals if you tell us. If these could also be sent in by 4th July that would be very much appreciated.

Mrs Elston has played a big part in the education of the children of the Hempnall and Shelton children for years so we really do want to say a big thank you and goodbye. It would be lovely to see as many familiar faces as possible.

Rachel Hyde-Smith

Chair of Governors, Shelton with Hardwick and Hempnall Schools Federation

WOODTON PLAYING FIELD committee is holding the annual **HAVE A FIELD DAY** on **Sunday July 17th** and will host a friendly football match between the new Woodton United Sunday league team against a Hempnall Sunday league team. **Kick Off will be at 2pm** so come and support these two new local teams. It is hoped Robert Fleck will support again this year.

Any old players of the original 1950/60s would be most welcome.

There will be Refreshments, cakes and a raffle.

The Woodton team trains on a Tuesday night on the playing field and if any budding footballers would like to join them they are most welcome.

Enquiries to Zak on 07725905480



TOPCROFT FLOWER FESTIVAL

Celebrating "Village Life"

St Margaret's Church, Topcroft, NR35 2BH

Saturday 16th July 11am-5.00pm

and Sunday 17th July 11.00am-4.00pm

REFRESHMENTS WILL BE AVAILABLE

Entry and list of exhibitors £2.00

**Come along and enjoy the wonderful imagination shown
by both adults and children to make this such an enjoyable weekend.**

For more information please ring Jackie 01508 482 267

THE PHOENIX MALE VOICE CHOIR (the only Male Voice choir based in Norwich) will be giving **SUMMER CONCERTS** on **SATURDAY 16th JULY** at 7.30pm (doors open 7pm) in the ST JOHN'S METHODIST CHURCH, GEORGE LANE, LODDON, NR14 6NB. Tickets £8.00 (under 16 free) to include fruit drinks and ice cream - available from Nina Owen (01508 522992) or the Church Office (01508 521179) - office open 10.00am - 4.00pm weekdays

CHURCH WALKS

17 th July	Woodton	Daphne Littleboy	482479
7 th August	Fritton/Morningthorpe	Pat Parsons	498106
		or Brian & June Cutting	499600

All walks begin at 3.00pm except on 7th August when the walk will follow the Lammas picnic lunch.

Events for your diary in August

HEMPNALL MILL CAFÉ 1st August (see July item for details)



HEMPNALL W.I. GARDEN MEETING Wednesday 3rd August.

Details from Sue Eagle 499559. New members welcome.





Family Picnic Sunday 7th August,
The Cooper's field (adjacent to Fritton Church) **11.00am**
Come and join us for an Open Air
SERVICE OF CELEBRATION OF LAMMASTIDE
and FAMILY PICNIC

Bring and Share lunch followed by ramble around Fritton, meeting at
Church Farm (home of Pat Parsons)

Future Events For Your Diary

FUTURE CHURCH WALKS

4th Sept Topcroft

Margaret & David Ferre 482562

18th Sep Hempnall

Ron Cooper 499428

These walks will begin at 3.00pm.

NORFOLK CHURCHES SPONSORED BIKE RIDE 10th September

All our churches will be open.

GIFT DAY for St. Margaret's Church Hempnall 10th September.

More details will be in the September Outlook

TOPCROFT PARISH COUNCIL MEETING

at Topcroft Pavilion on **Monday 12th September** – 7.30pm.

All parishioners in Topcroft are welcome!

PILATES CLASSES AT HEMPSTALL VILLAGE HALL begin a new season on **Monday 12th September and Tuesday 13th September.**

Please contact Carin on 01603 503718 or
www.nuttsaboutpilates.co.uk for further details



COMPUTER CLASSES at HEMPSTALL Village Hall begin again on **Tuesday 13th September and Thursday 15th September.** More details in the next edition of Outlook or contact Yvonne Davy 01508 499405

NEW BEGINNERS BRIDGE CLASS AT THE HEMPSTALL MILL CENTRE

Starts on **Friday 16th September** from 10am – 12.15pm

Expert professional teaching by Norwich Bridge School. Come and learn to play and improve your bridge in a fun and friendly stimulating environment.

Contact Sue Gill suegill@btinternet.com 01603 627586

SHELTON WITH HARDWICK COMMUNITY SCHOOL FETE AND CAR BOOT

At Shelton School, Low Road, Shelton, Norwich, NR15 2SD

Sunday 18th September 2016 12 noon - 3 pm

BBQ, Bouncy Castle, Refreshments, Cakes, Tombola's, Puffing Billy Road Train, Sideshows and Attractions.

Interesting Vehicles on display

Lots of fun for all the family! Do come and see our new

fabulous play equipment! Car Boot Pitches still only £5

Call Emma Wood on 01508 498454 or email

spwood@btinternet.com to book or for further information.



WEA HEMPSTALL

NEW COURSE starts Wednesday 28th September, 2.30pm.

Today is a Good Day to Fight, with tutor Mark Felton, covers the history of the American West, 1840-1900. It includes Indian culture, wagon trains, gunfighters, famous battles and last stands, and the Indian fight to save their culture.

This is a 7-week course held in the Nelson Room at Hempnall Village Hall. (No meeting 26th October.) Cost £49.

Everybody is welcome. Each meeting includes time for tea and a chat; books and resources are available on loan for personal research. Find us at

www.eastern.wea.org.uk and on Facebook at Hempnall Village Hall. Contact Gill on 01508 499495 for further details or enrol online at www.wea.org.uk

The Workers' Educational Association is a charity registered in England and Wales (number 1112775) and in Scotland (number SCO39239) and a company limited by guarantee registered in England and Wales (number 2806901). Registered office: 4 Luke St, London EC2A.

Thank you....

On May 20th. Approximately 60 visitors to St. Andrews Bedingham had a fascinating evening discovering dozens of hidden symbols and diagrams etched on pillars, walls and pews. We were guided by two visiting "graffiti" experts who showed us what to expect with a slide show explaining the symbolism of the carvings many of which are hundreds of years old (medieval) plus a few more modern etchings. The evening was rounded off by a splendid buffet supper provided by the Friends. Ticket sales of £285 go to our Fabric Fund.

WOODTON HELPLINE – Peter and Gillian Noakes have decided step down from providing transport for the Helpline. They were also the main point of contact. We would like to record our thanks to them for the many years of support to Woodton residents. Jackie Cook has agreed to be the new point of contact if transport is required to Doctors, Dentist, Hospital etc. We would also be grateful for more volunteers for the Helpline. There is some recompense for fuel/wear and tear costs, which is supported by Woodton United Charities. **If you require transport or are interested in being volunteer driver for the Helpline, please contact Jackie Cook (tel 01362 288195).**

On June 5th our first **Open Gardens** Bedingham event showed off a variety of 11 gardens, all in School Road attracting well over 100 visitors. During the afternoon visitors returned to the Old School for a grand cream tea provided by the Goulborns and helpers. The great community spirit resulted , with tickets sales, raffle, donations and plant sales adding a total of £865 for our Fabric Fund. Thanks go to everyone who opened their gardens, the visitors who opened their wallets and all who opened their hearts on this very happy occasion. All helpers and gardeners enjoyed an evening barbecue at the Goulborns invitation to round off their busy day. Tricia Gunson thanked everyone for their contribution to a "right good do."

Many thanks to everyone who helped at the **Bacon Butties** morning, especially David Key and Keith and Shirley Mayer who cooked and served the delicious butties. Thanks also to Jill Turner for hosting the event which raised £350 for St Margaret's Church, Hempnall.

Sue and Annette would like to thank their friends in Hempnall and the Group for the lovely gift of a local landscape painting also for all the kind wishes as they move to Swansea. Also thanks to all who brought food to Saturday's party at the Rectory, and to all our friends who came to make the afternoon a real occasion to remember. We would also like to thank our hosts Maggie and Michael for the special venue. We have enjoyed your friendship, love and support over the past years. We will miss you all and Norfolk, but look forward to new challenges in Wales. Love and best wishes Sue and Annette.

Topcroft Open Gardens – thank you to everyone who helped, support and more importantly opened their gardens for this event. Approximately £3500 has been raised which is an amazing sum. Thank you all – same weekend and date in 2017.

FRIENDS OF BEDINGHAM CHURCH. Apologies to all who had problems last month when a huge **very old chestnut tree** collapsed from the church yard onto the road in two stages. We are thankful no one was hurt and grateful to all who cleared a huge amount of debris so efficiently

LET'S WALK



Jill Turner and Elisabeth Garrood have now produced a book which has brought all our walks together. There are 12 walks covering all eight of our villages. The walks range from 3 to 17 miles. If you fancy having a meander around our lovely countryside and would like to purchase one of our books, the cost is £2.

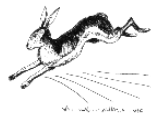
The book was launched on Tuesday 24th May by Liz Billett and Conal Mahony, nearly 40 people enjoyed a short walk followed by lunch at The Chequers where more people joined in. Thanks to Monica Churchill for her maps and artwork, Sarah Patey for original organisation of text and to Jane Hazell for bringing the project to fruition, also to David Ferre for providing the cover photo. These books are available in all our churches or from Hempnall Rectory 498157. Contact: Jill 499344.

CHURCHYARDS IN THE HEMPSTALL GROUP

These Churchyards are very special places which provide some of the oldest undisturbed areas of grassland remaining in this country where you will find many birds, animals, insects, wildflowers and lichens. They are also wonderful places of peace and tranquillity.

During this year Norfolk Wildlife trust will be surveying all eight of them for us and we will be producing a leaflet to highlight their importance.

There will be a wildlife book in each church and we would value any record you can provide of what you have seen.



Woodton Primary School will shortly be obtaining a **clothing bank** and will be for use by both the school and the community. The bank will be placed in the staff car park so it can be accessed at any time when the school is open.

WOODTON PRIMARY SCHOOL

During June Woodton Primary School have been celebrating the Queen's 90th Birthday

The children enjoyed a picnic lunch. The weather was beautiful for the event and the children were able to enjoy their packed lunches in the open air.



The children played a variety of games, the parachute game being one of their favourites.

The children also draw pictures of the Queen to decorate the Village Hall for the Queen's Birthday Weekend Celebrations.

The pictures were judged and the winner were:

Willows Class Molly Inston 1st,
Maya Chenery 2nd and Rupert Fobbester 3rd.



Woodton Primary School has today been able to publish its Ofsted report. The school is really pleased to report that following the inspection on 25th and 26th May it is now comfortably good in all areas and is working towards being outstanding at the next inspection. The Ofsted inspector was extremely complimentary about all aspects of the school, including the standard of teaching that she observed and the excellent behaviour of the children.

CHRISTIAN AID WEEK MAY 2016

Thank you all who supported Christian Aid Week, those who gave and those who worked to give out and collect the envelopes. **£1960.02 has been sent so far.** We have until 12th July so if you still have an envelope please hand it in to the Rectory Hempnall or phone 499405 to arrange collection.

HEMPNALL VILLAGE HALL TOTE WINNERS May 2016

£40 D.Hewett

£30 P. Arnold

£20 S. Hardy

£15 A. Davy

£10 M & C Saul

BEDINGHAM 59 CLUB The latest winners are:

No 46. S Hall. No 59. S Osman Davis. No 30. B Fennel. No 3. L Trudgill.

Did you know?

You can now find information on The Hempnall Trust and how to book The Mill Centre in Hempnall on The Hempnall Trust Website: www.hempnalltrust.org



Town Estate Property Charity – Allotments for rent

We currently have allotments for rent on the
Mill Road site

Rent is £10.00 per year (or £5.00 for half an allotment or part thereof)

Anybody interested should contact

Jackie Jackson

01508 499061

jackson.jc@btinternet.com



Need somewhere to hold a function?

anniversary celebration, children's party, christening, birthday party,

family & friends get-together the Mill Centre in Hempnall is available for hire – please call Jackie Jackson on 01508 499061 or email jackson.jc@btinternet.com

DO YOU ENJOY FLOWER ARRANGING?



Hempnall church is looking for anyone who would like to join the Flower Arrangers' Rota.

For many years the church has been beautified by lovely flowers. With the passing years, some arrangers have had to come off the rota. We need extra people to replace our stalwarts and to keep the church beautiful and welcoming.

Cleaning volunteers are also welcome.

Please contact Claire Key 01508 499342



Hempnall Village Hall

Your chance to join a flourishing Club and paint with local artists.

The Club is open three times a week. **Monday** 1.00pm–3.30pm.

Tuesday 10.00am–1.00pm and **Tuesday evening** 7.00pm–9.30pm which is a mixture of painting and crafts.

Membership is £5.00 per annum and £2.00 every time you come.

All members are expected to turn up regularly and to give a helping hand with exhibitions, workshops and tea making.

Contact

Graham Dunthorne on 01508 550775

or just turn up at the times above and have a look.

"Happy Birthday to"

July

Children

Amy Caird who will be 12 on the 4th

Megan Lea Reeder-Rodger who will be 7 on the 9th

Annabelle Summer Amelia Florance who will be 8 on the 11th

Bethany Cooper who will be 10 on the 14th

Elizabeth Gray who will be 8 on the 14th

Molly Denny who will be 8 on the 23rd

Lilly Denny who will be 5 on the 30th

Archie Christopher Land who will be 6 on the 31st

Teenage

Amelia Joy Cunningham who will be 14 on the 13th

Rosie Clitheroe who will be 13 on the 14th

Oliver Clitheroe who will be 18 on the 15th

Tilly Cooper who will be 17 on the 22nd

Quinton Ford who will be 16 on the 27th

Madeline Burrough who will be 13 on the 29th



August

Children

Octavia Wood who will be 7 on the 19th

Cameron John Keeler who will be 7 on the 18th

Isabelle Potter who will be 9 on the 26th

Teenage

Ross Maskell who will be 15 on the 17th

Sam Eke who will be 17 on the 28th



From the Registers

Baptisms

22nd May

Bennett Allan Preston

Morningthorpe Church

19th Jun

Amira Sophie Pointer

Hempnall Church

Funerals

14th Jun

Bryan Ling (80)

Hardwick Church

20th Jun

Geoffrey Banham (80)

Hempnall Church

CHURCH DIARIES

July 2016

Fri 1 st	7.00pm	Friends of Bedingham Garden Party	The Jarvis' home
Sat 2 nd	10.00am- 12.30pm	Hardwick Book Sale	Hardwick Church
Sun 3 rd	3.00pm	Concert with Sine Nomine Choir	Shelton Church
Tues 5 th	2.30pm	Get Together at Joyce's	Home of Joyce Andrews Woodton
Thurs 7 th	2.30pm	Learning and Growing Team Meeting	The Flat
Wed 13 th	2.00pm	The Ark Toddler Group	Hempnall Church
Sat 16 th Sun 17 th		Topcroft Flower Festival	Topcroft Church
Sun 17 th	3.00pm	Woodton Church Walk	Meet at Woodton Church
Thurs 21 st	2.30pm	Hymn Choosing	Kath Wilby's
Thurs 28 th	7.00pm	Quiet Prayer	Hempnall Church

August 2016

Tues 2 nd	2.30pm	Get Together at Joyce's	Home of Joyce Andrews, Woodton
Sun 7 th		Fritton Church Walk – following on from Picnic	
Wed 10 th	2.00pm	The Ark Toddler Group	Hempnall Church
Thurs 25 th	7.00pm	Quiet Prayer	Hempnall Church

Every Tuesday at 5.00pm Evening Prayer at Llamados (Bill Clutten's)
 Every Wednesday at 5.00pm Evening Prayer at Hempnall Rectory
 Every Thursday at 8.00am there is Holy Communion in Hempnall Church

CLERGY: Team Rector Michael Kingston 01508 498157
 Team Vicar Liz Billett 01508 482366
 Reader Jackie Cook 01362 288195
 Group Office (Mon-Thurs 9.00am-1.00pm) 01508 498157

ALL PHONE NUMBERS BEGIN WITH 01508 UNLESS STATED OTHERWISE

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll	Call 550403 or 07785 528069
ANDRE SANTANDER All plumbing, repairs, tiling and bathrooms	499283 or 07775 575796
ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation	498805
ARKSCAPE LANDSCAPE & GARDENING SERVICES Free quotes no job too small	470482
BANNER ROOFING SERVICES LTD Quality felt and fibreglass flat roofing	07766604054 or 498444
BEAUTY THERAPIST in Hempnall offering Sienna X Spray Tans	Barley Moyes 498855/07789722533
BED & BREAKFAST at George's House, Woodton e-mail: julietpeter@googlemail.com	Call Juliet 482214
BUILDER Small works and maintenance, sand blasting	D W Beckett 499435
CARPENTER Mark Whitbread Free quotations. No job too small	532605
CARPET AND UPHOLSTERY CLEANING Local reasonable rates	David 01379 608529 or 07768757308
CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT	536182 or 07850402845
CHILDMINDER in Hempnall. 2/3 year old funding approved. Level 3 qualified.	Helen 07754 942987
CHIMNEY SWEEP	Ring James 07990 655340 or 07944 743681
CHRIS BAKER TRANSPORT Removals and House Clearance	531738 or 07785306249
CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs	07912146619 & 536573
CUNNINGHAM GARAGE A range of services for all motoring needs, cars and commercials	499232
DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services	499761
Do YOU need a cleaner? Local, vetted insured ladies £10.50 per hour (min 2 pw)	0845 504 9133
ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor	07899794813
FEET – Corns, calluses, nail cutting and more, treated in your home	Wendy 01379 676872
FEET – Have your feet treated at home – nails cut, corns and dry skin removal etc.	Nicky 07719727581
GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power.	Call Paul 07803 927303
GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing	Andy 07802702602 / 531168
HEMPNALL HOME CARE SERVICES: personal care and support in your home Contact	Karen 07538 936249
HEMPNALL LAWNMOWER CENTRE Brick Kiln Lane Morningthorpe	www.mowdirect.co.uk 473700
HEMPNALL PARISH COUNCIL	website address: www.hempnallpc.org
INDEPENDENT FINANCIAL ADVISER:	Contact Philip Edwards on 499496 or 07917296773
LLOYD JOHNSON FINANCIAL CONSULTANT, Mortgages, Investments, Protection	483972 / 07780 330768
LOCAL SKILLED HANDYMAN AVAILABLE only £12 per hour	Call Mike 07534694673 or 494547
NORFOLK WOODBURNERS, Hempnall. Suppliers and Hetas installers.	498393
NURSERY SCHOOL – SPRING-BOARD Saxlingham Nethergate	Contact: Joanne/Julie 498796

OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell 07710 515775 or 532393
OSTEOPATHY, Cranial-accidents, back, headache. 01953 789629 e-mail acorns.aylsham.clinical@gmail.com
PAINTER & DECORATOR Graham Bull over 25 years experience grahambull071@btinternet.com 482409
PAUL CLARRY PLUMBING & HEATING for all your requirements 07887485676 / 550519
PAWS 4 TRAINING – Puppy Life Skills, Obedience, Agility and 1-2-1 Training 499026 / 07709 539903
PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info 482655 / 07850722094
PIANO LESSONS Bedingham. All ages welcome. Marian 482746
PLASTERING – Gary of Jarman Plastering Services 482709 or 0771 7174617
PLUMBING, HEATING, BATHROOMS and More. Here to help with every 'Chore'. Alan 499689/07973967570
RACKHAMS BUILDING SUPPLIES Glass & keys cut, paint mixed, all building requirements 01379 853885
R.B. COPPING FUNERAL SERVICES, PORINGLAND 494434
ROSEDALE FUNERAL HOME Beccles & Bungay, a family business 01986 892790/ 01502 714445
SAFE & SOUND HYGIENE AND PEST CONTROL + garden maintenance 01379 788865 / 07809226109
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S.W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming 495528
TUTOR 3Rs science to GCSE, revision support. Contact Storm fayre@me.com 07939 242262
WHERRY VETERINARY GROUP Surgeries at Hempnall and Bungay 01986 892771
WINDOW WONDERLAND: window cleaning services contact Sam Raynes 482679 or 07975579292
www.mouse-computing.co.uk For all your computer problems & advice Mike 07813026580

**Copy for the September issue of Outlook should be
delivered/posted to:
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before 15th August**

or e-mail: hempnallgroup.office@btinternet.com