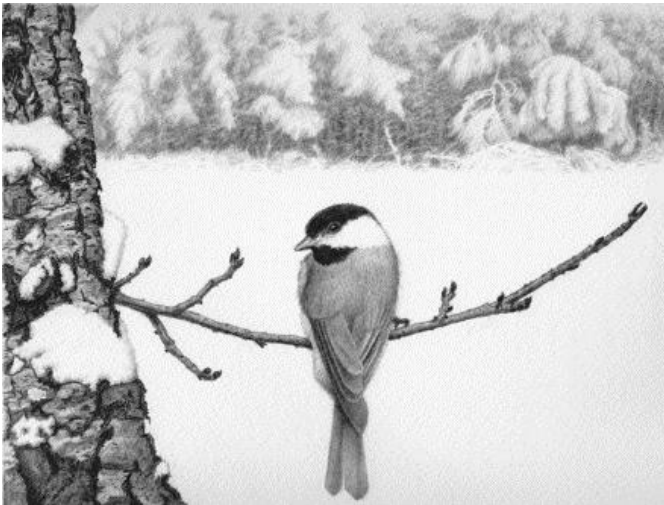


Outlook

February 2017



Serving the parishes of

**Bedingham Fritton Hardwick Hempnall
Morningthorpe Shelton Topcroft Woodton**

www.hempnallgroup.co.uk

Hempnall Group Services

February 2017

Sunday 5 th		Candlemas	Green
Eucharist	10.00am	Bedingham Church	
Holy Communion	2.30pm	The Hollies	
Readings: Psalm 24:7-10, Hebrews 2:14-18, Luke 2:22-40			
Sunday 12 th		3 rd Sunday before Lent	Green
Eucharist (BCP)	8.00am	Morningthorpe Church	
Eucharist	9.30am	Woodton Church	
Eucharist	9.30am	Hempnall Church	
Eucharist	11.00am	Topcroft Church	
Matins	11.00am	Hardwick Church	
Readings: Deuteronomy 30:15-20, 1 Corinthians 3:1-9, Matthew 5:21-37			
Sunday 19 th		2 nd Sunday before Lent	Green
Eucharist	8.00am	Topcroft Church	
Eucharist	9.30am	Bedingham Church	
Morning Service	9.30am	Hempnall Church	
Eucharist	11.00am	Hardwick Church	
Readings: Leviticus 19:1-2, 9-18, 1 Corinthians 3:10-11, 16-23, Matthew 5:38-48			
Monday 26 th		Sunday next before Lent	White
Eucharist	9.30am	Woodton Church	
Eucharist	9.30am	Hempnall Church	
Morning Praise	11.00am	Topcroft Church	
Matins	11.00am	Fritton Church	
Readings: Exodus 24:12-18, 2 Peter 1:16-21, Matthew 17:1-9			

Every Thursday at 8.00am there is Holy Communion in
Hempnall Church

The Flat, The Street, Woodton, Bungay, NR35 2LZ

Dear Friends,

"I wish it need not have happened in my time." said Frodo. "So do I," said Gandalf, "and so do all who live to see such times. But that is not for them to decide. All we have to decide is what to do with the time that is given to us."

Have you ever noticed how sometimes one word, a phrase, a piece of music, an image, or some other thing, takes our attention, draws us into thoughts and memories of an inner world we had not visited for some time, and if we allow, delivers of itself more if we let it.

Talking with Edward about the films we have seen and enjoyed over the holidays, the wise words of Gandalf the Grey from JR Tolkien's Lord of the Rings, long forgotten, came to mind. I saw this film at a very dark time in my life, the words seemed to invite me and call me to a life that I had not chosen, yet was given to me to live. I needed to decide what to do with the time given to me.....

In the second month of this year, Gandalf's words still have meaning for me, different this time, but meaning. If we do not take care, the demands of work, business can become all too important again. The year will run away with us as we race through, without pausing to decide just what we will do with the time that is given to us.

In the face of breaking news, Instagram, messaging and tweeting, take a moment and allow that "something" to seep in, and reveal its truth. Life is meant to be deep, not shallow.

Some more words of Gandalf, *"Some believe it is only great power that can hold evil in check, but it is not what I have found. It is the small everyday deeds of ordinary folk that keep the darkness at bay. Small acts of kindness and love."*

Can we decide to live like this?

With my love



Events for your diary in February

HEMPNALL WOMEN'S INSTITUTE

The next meeting will be on **Wednesday 1st February at 7.30pm at the Mill Centre Hempnall** when our speaker will be **Elizabeth Scott talking on Blickling Kitchens – tales of life in the kitchens of Blickling Hall in the 1930s.**



We have a very interesting programme for 2017 as well as a regular lunch and other outings. Why not come along?

At the meeting there will be a social time, refreshments and a raffle and the chance for a chat amongst friends. If you would like to know more about our group then please contact our Secretary, Sue Eagle 01508 499559 or just come along to the meeting.

BORDERHOPPA MEMBERS OUTINGS



Borderhoppa has lots going on for our members in 2017 including lunches out, visits to garden centres and places of interest. If you or someone you know would like to join us, please call us on 01379 854800.

Membership is £6 for 6 months or £10 for 12 months, outings are individually priced.

February 2017

Thurs 2nd – Lunch at Chip Inn, Long Stratton - £6 (lunch extra)

Mon 13th – Bury St Edmunds - £15

Thurs 23rd – Lunch at The White Hart, Roydon - £7 (lunch extra)

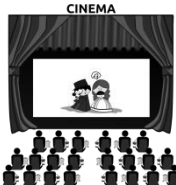
March 2017

Thurs 9th – Lunch at Chip Inn, Long Stratton - £6 (lunch extra)

Mon 20th – Thetford - £14

Thurs 30th – Lunch at The White Horse, Stoke Ash - £7 (lunch extra)

HEMPNALL CINEMA CLUB - Our first film for 2017 is completely sold out, it



is **“Bridget Jones`s Baby” on Friday 3rd February**, a new hilarious release, starring Renee Zellweger, Emma Thompson, Gemma Jones and Jim Broadbent. Our film for **March 17th is “A Streetcat Named Bob”** and tickets will be on sale nearer the date. Tickets are still only £5

including refreshments, from Ned Potts on 01508 499741.

QUIZ NIGHTS TOPCROFT SOCIAL CLUB

February 4th and 18th - March 4th and 18th £2 pp Max 6 per team - 8 p.m. for 8.30 start. In aid of refurbishment funds so please come and give your support, it's good fun.

FOOD BANK At the beginning of the New Year we would like to thank all who have supported the Food Bank collections so regularly in 2016, often thus offering a temporary life-line to individuals and families, those starting out in life and pensioners. Unfortunately the need for this support has not diminished but increased, especially for people in work, or in low paid jobs, or through difficulties within the benefit system.

As usual there will be a collection point at the Group Services,

Sunday 5th February at Bedingham Church and Sunday 5th

March at Fritton Church, or your donations can be left at the

office Mondays-Thursdays, 9am-1pm. (please remember to check all use by dates to allow the warehouse safe distribution).



THE MILL CAFÉ- Hempnall -

6th February,

Future dates 6th March, 3rd April

10am to 2pm

for more information contact: Margaret Sparham

(Wed and Thurs on 499766 or 499579 at other times)

Hempnall Mill Centre, Mill Road, Hempnall. NR15 2LP

www.hempnalltrust.org.uk



Hempnall Mill Centre – Luncheon Club

Wednesday and Thursday from £4.50

Morning tea or coffee served on arrival from 11am and a two course lunch served at 12 noon. Pick up travel can be arranged.

For more information contact: Margaret Sparham

(Wed and Thurs on 499766 or 499579 at other times)



COMPUTER SESSIONS at Hempnall Village Hall

Come along to these sessions based on your individual needs, whether you are a complete beginner or more advanced and would like to get more experience.

You can bring your own laptop or use our computers which all have Windows 10. First session free so why not come along and give it a try?

Tuesdays 7th 21st & 28th February 7th 14th & 28th March. We might add a Thursday session if enough people apply. For more information phone Brian 01502 715563 or Yvonne 499405 email ydavy01@yahoo.co.uk

THE ARK

For carers and toddlers 0-4 years

Wednesday 8th February 2pm-3pm at
St Margaret's Church, Hempnall



There will be a sing time, play time, snack time, and story time.

Come and join us - all are welcome, it's free!

For further details please phone Jackie on 01362 288195

WOODTON & BEDINGHAM LADIES TOGETHER

Next meeting is **Wednesday 8th February at 7.30 p.m.** in Woodton Village Hall.

The Speaker this month will be Tim Hurst talking about climbing Aconcagua. Visitors are always welcome.

For further information please contact Tricia Gunson on: 01508 482543.



SPANISH SUPPER at Topcroft Pavilion February 11th, 7.00pm.

Enjoy an alternative Valentine's Night with a glass of bubbly and a dish of Paella. Tickets £15 contact Step/Jenny 01508482209

ZUMBA GOLD- Change of Date - Zumba Gold is a chair based exercise done with music and a fully trained instructor **at Hempnall Mill Centre on Thursday 16th February & 16rd March & 8th June at 1.30 pm** with tea and cake afterwards. Cost £3. So if you are a little less agile than you were but need a little exercise we would love to see you. Turn up on the day or, if you need to be picked up, I will come and fetch you. Contact Margaret Sparham on 499579 or 499766 (Wednesday and Thursday only)

CHEESE & WINE TASTING EVENING
For HEMPSTALL CHURCH ROOF APPEAL
at Hempnall Village Hall
SATURDAY 18th FEBRUARY
START 7.30pm



COST £12.50 includes Cheese and Wine,
 tickets available from Claire 01508 499342 or
 Trevor 01508 499688

Raffle prizes most welcome.
 Please deliver before the event to:
 Claire Key, Burnaby, Mill Road, Hempnall

Future Events For Your Diary

LENT 2016

ASH WEDNESDAY SERVICE 1ST March 7.00pm Eucharist at Hempnall Church
LENT REFLECTIONS

Our Lent Reflections this year will be held on **Sundays 5th March, 12th March, 19th March and 26th March, 4.00pm at Hempnall Church.**



LENT TALKS

Our Lent Talks will take place on Thursdays at 7.00pm for 7.30pm at Hempnall Village Hall. Our guest speakers will be:

16th March	Revd Canon Judith Wilson	Injustices
23rd March	Revd Canon Andy Bryant	Anger
30th March	Revd Canon Andy Bryant	Broken Relationships
6th April	Revd Canon Judith Wilson	Being Human

You are very welcome to join us, refreshments will be available.

LENT LUNCHES will be held in our villages, details in next Month's Outlook.



WOMEN'S WORLD DAY OF PRAYER

Do join us at the annual service, with the theme "Am I Being Unfair to You?" written by women from the Philippines. These are always interesting services – learning about another country and praying for their needs. The service will be held at **Hempnall Church, 2.00pm, with lunch at 1.00pm** on **Friday 3rd March**. All very welcome – men, women and children. Any questions please phone Maggie Kingston 01508 498157.

Having played in several locations throughout the local area we are delighted to welcome the **TOPCROFT STRING QUARTET**, led by Liz Marjoram, to the Topcroft Social Club. The Quartet will be playing a selection of light classical and popular music on **Friday 10th March from 7.30pm**, at the Topcroft Social Club and pavilion. Tickets will be £10 a head to include cheese and a glass of wine. Tickets available in advance from Christine Potter on 01508 482268
An event not to be missed!

TOPCROFT PARISH COUNCIL MEETING at Topcroft Pavilion on **Monday 13th March**, 7.30pm All parishioners of Topcroft are welcome. Agenda and minutes can be found on TPC's website:
www.topcroft.norfolkparishes.gov.uk



COME AND JOIN US on our first church walk of the year on **Sunday 19th March**, meeting at Hempnall Church at 2.30pm, refreshments will be served after the walk. Contact: Ron Cooper – 499428

ANNUAL ART EXHIBITION
28th & 29th & 30th April 2017
At Hempnall Village Hall

Hempnall Art Club

All artists invited to submit paintings. Book this date in your diary!

SAVE THE DATE. TOPCROFT OPEN GARDENS 2017. On **Sunday and Monday, May 28 and 29** Our gardens may look the same at time of writing covered with white snow but I urge you to consider opening this summer. Please e-mail me for further details or to sign up to be part of a busy but enjoyable weekend. Daphnebeckett@gmail.com

HEMPNALL CHURCH ROOF APPEAL

As many of you know, the lead was stolen from Hempnall Church roof on the North aisle in November and the Parochial Church Council is launching a fund raising appeal in order to do repairs and replace it. The cost will be over £32,000 for the repairs and an alarm system and details can be found on an enclosed flyer. Please support the PCC at **the planned events** ie **THE CHEESE AND WINE TASTING AT HEMPNALL VILLAGE HALL ON 18TH FEBRUARY at 7.30pm** and watch out for further ideas.



Stop press** Quiz & Chips Night Friday 24th March at the Mill Centre **
ANY DONATIONS will be very gratefully received. Please contact Claire & David Key 01508 499405 Burnaby, Mill Road Hempnall or Michael Kingston at the office.

Thank you....

Bedingham - The sale of poppies for the Royal British Legion round Bedingham raised £346.77. Many thanks to all who gave so generously and to the team of collectors.

Hardwick – The total collected in Hardwick for the Poppy Appeal, amounted to over £200. Many thanks to all who contributed. *Robert Lewis & Ann Ling.*

I would like to thank everyone who donated money for the **poppy appeal** in **Hempnall** the total amount was £241-87. Thanks go to the School, Butchers, Surgery and the Mill for having tins and poppies.
Margaret Sparham



Lest We Forget.



Thank you to all who took part and all who organised the **Hempnall Christingle** Service, the amazing sum of £253.15 was collected for the "CHILDREN'S SOCIETY". What a great effort and what a wonderful play!

Hempnall Carol Singing raised £375.13, thank you to everyone who contributed whether it be singing, listening or providing the welcome refreshments for the singers afterwards.

The Woodton Carol singers would like to thank every-one who welcomed them to their door and helped to raise £160.00 which has been sent to the "Nook" and the Clare School in Norwich for the Physically Handicapped. Thank-you to Mary, Lauren and Jayden Seeley for collecting on the night and Michael, Sally, Rachel and Edward for their singing.

Carol singing at Hardwick during the afternoon of Saturday 17 December raised £95.25 for The Children's Society. Many thanks to all who participated and/or contributed – and especially to Hannah and her family for their musical accompaniment and to Marilyn and Alan for their splendid hospitality at the end of the event.

A further donation of over £152 was raised for The Children's Society at the very popular Crib/Christingle Service held in Hardwick Church on Christmas Eve. Thanks to all helpers.

Carol Singing at Topcroft We met on the 19th December at Woodlands by kind invitation of Jackie Leggett and, thanks to the energy of our singers and the generosity of the households we sung to, we collected £236 for The Children's Society.

Once again, we were helped to reach some of the outlying houses in our rather strung out village by the kindness of Russell Tidnam, who again provided transport with his tractor and shooting trailer, and we were encouraged on our way by a number of kind offers of refreshments, with the evening finishing at the Lodge.

Bedingham PCC would like to thank Sonia, Libby, Margaret and Bryan Jarvis for helping to distribute the Outlooks through the last year. This is very appreciated. *(Editor – Thanks to all loyal Outlook distributors in the Group)*

Thank you to all who supported the 'Gift Day' of **St Margaret's Church, Hempnall** in the autumn. A total of £1,086.76 was raised. Your generosity is appreciated this year even more than usual!"

Conal and Jackie would like to thank all their friends for their Christmas Cards and messages and wish you all a peaceful New Year.

THE FRIENDS OF BEDINGHAM CHURCH would like to report yet another successful evening held at the home of Roger and Sandra. A lovely pre-Christmas event where again we had a really friendly evening with over 40 people to enjoy themselves. As usual the friends put on a splendid buffet so thank you all for helping, cooking, and for Roger and Sandra's hospitality with a profit of £486 to go in the pot for the church. Thank you everyone.

THANK YOU all you amazing people. This year we smashed last year's total of shoe boxes with a staggering 234 boxes, filled so thoughtfully with many different gifts and messages of hope and love. We will be collecting again this year, so keep your eyes peeled for bargains and all those little bits and bobs that make your shoe box such a special gift.

Claire Noakes on behalf of the Outreach Team.



NEED EXTRA OUTDOOR SPACE to grow vegetables & flowers OR simply to sit & enjoy the countryside

Town Estate Property Charity – Allotments for rent

We currently have allotments for rent on the Mill Road site in Hempnall

ONLY £5.00 per year - Anybody interested should contact **Jackie**

Jackson01508 499061 jackson.jc@btinternet.com



BEDINGHAM 59 CLUB The latest winners are: No 40. L

Beveridge. No 17. T Gunson. No 31. W Beasley. No 20 B Seaman. No 8 J Watts. No 12. B Smith. No 25. D Brinded. No 38 K Ripley. No 33. R Holden.

HEMPNALL VILLAGE HALL TOTE WINNERS

December 2016

Bonus £75 J. Sewell £40 S. Ritchie £30 E Wood
£20 V. Ransome £15 J. Chellis £10 A & G Pinder



TORCH TRUST (for the blind) is a Christian organisation which Topcroft Church helps to support. It is there to be alongside those who

are living with any sight disability, including complete sight loss. It offers all means of communication – large print, braille, audio, “daisy” etc. and “journeying with contacts, by phone or in -person. There is a local group based in Norwich. Also there is an amazing holiday and retreat centre in Sussex. Their new introductory booklet is now in place in each of our 8 churches for our own use or to introduce any friend who is coping with sight loss.

DABBOS - the locally-run heating oil buying syndicate endorsed by Topcroft Parish Council for residents of the parish. To place an order contact Robert by email on dabbos@btinternet.com or by phone on 01986 788895. We order each month from September to April - closing date 5th of the month. Join residents already benefiting from bulk prices - new members always welcome. Read more about DABBOS on the Topcroft Parish Council website.

CAN YOU HELP?

On September 26th Jemima Pine had a fire at her house, 11 Field Lane, Hempnall. Her son, Finbarr is in the process of getting together footage and stories from people who witnessed the night and aftermath. Did you take a photo or video of that blaze? There were five fire engines outside the house! If you have any photos or information please get in touch with Finbarr Pine on 07983 115651.

Need somewhere to hold a function?

anniversary celebration, children’s party, christening, birthday party, family & friends get-together the Mill Centre in Hempnall is available for hire – please call Jackie Jackson on 01508 499061 or email jackson.jc@btinternet.com

Happy Birthday to:

Children

* A belated birthday to Neve Cooper who was 8 on the 28th December

February

* Daisy Lili-May Reeder-Rodger who will be 10 on the 5th

* Thomas Potter who will be 12 on the 22nd

Teenage

* Benjamin James who will be 17 on the 5th



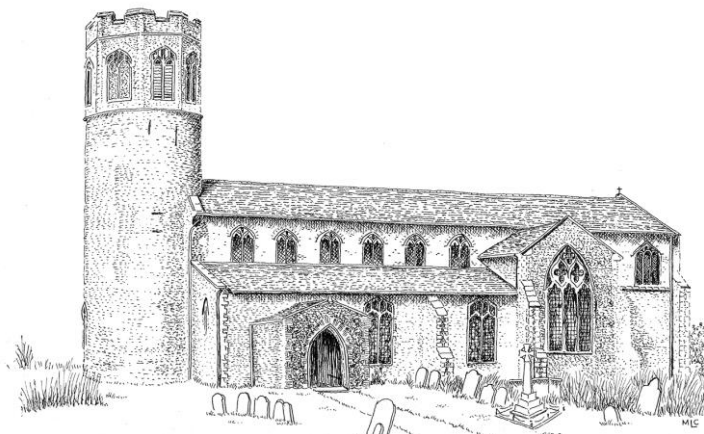
From the Registers

Funerals

12 th December	Avril Rayner (aged 78) at Earlham Crematorium
15 th December	Irene Catchpole (aged 77) at Earlham Crematorium
22 nd December	Pearl Neale (aged 82) at Halesworth Cemetery
19 th January	Gordon Codling (83) at Bedingham Church

Burial of Ashes

23 rd November	Betty Brook (88) at Shelton Church
15 th December	Irene Catchpole (aged 77) at Morningthorpe Church



CHURCH DIARY

February 2017

Wed 1 st	4.00pm	Outreach Team Meeting	Brick Kiln Cottage
Tues 7 th	2.30pm	Get Together at Joyce's	Home of Joyce Andrews, Woodton
Wed 8 th	2.00pm	The Ark	Hempnall Church
	7.00pm	Bedingham PCC Meeting	The Flat
Thurs 9 th	2.30pm	Learning & Growing Team Mtg	The Flat
	7.00pm	Hempnall PCC Meeting	Hempnall Church
	7.30pm	Topcroft PCC Meeting	Woodlands
Tues 14 th	7.30pm	Home Group @ Home of Kate & David Daynes	Willow House, Hempnall
Wed 15 th	12noon	Hardwick & Shelton PCC Meeting	Fidelis
	7.00pm	Team Council Meeting	Woodton Village Hall
Thurs 16 th	7.00pm	Woodton PCC Meeting	Woodton Barn
Thurs 23 rd	7.00pm	Quiet Prayer	Hempnall Church

Every Tuesday at 5.00pm Evening Prayer at The Flat Woodton

Every Wednesday at 5.00pm Evening Prayer at Hempnall Rectory – except

Wed 22nd Feb which will be held at The Flat

Every Thursday at 8.00am Eucharist at Hempnall Church

CLERGY: Team Rector Michael Kingston 01508 498157

Team Vicar Liz Billett 01508 482366

Reader Jackie Cook 01362 288195

Group Office (Mon-Thurs 9.00am-1.00pm) 01508 498157

ALL PHONE NUMBERS BEGIN WITH 01508 UNLESS STATED OTHERWISE

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll Call 550403 or 07785 528069

AM FLOORING – Flooring installation service in and around Norwich amflooring@live.co.uk 07939 417342

ANDRE SANTANDER All plumbing, repairs, tiling and bathrooms 499283 or 07775 575796

ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation 498805

ARKSCAPE LANDSCAPE & GARDENING SERVICES Free quotes no job too small 470482

BANNER ROOFING SERVICES LTD Quality felt and fibreglass flat roofing 07766604054 or 498444

BED & BREAKFAST at George's House, Woodton e-mail: julietpeter@googlemail.com Call Juliet 482214

CARPENTER Mark Whitbread Free quotations. No job too small 532605

CARPET AND UPHOLSTERY CLEANING Local reasonable rates David 01379 608529 or 07768757308

CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT 536182 or 07850402845

CHILDMINDER in Hempnall. 2/3 year old funding approved. Level 3 qualified. Helen 07754 942987

CHIMNEY SWEEP Ring James 07990 655340 or 07944 743681

CHIROPODIST/PODIATRIST Samantha McCluskey 14 yrs NHS experience HCPC registered 07905 724408

CHRIS BAKER TRANSPORT Removals and House Clearance 531738 or 07785306249

CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs 07912146619 & 536573

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Do YOU need a cleaner? Local, vetted insured ladies £10.50 per hour (min 2 pw) 0845 504 9133

ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor 07899794813

FEET – Corns, calluses, nail cutting and more, treated in your home Wendy 01379 676872

FEET – Have your feet treated at home – nails cut, corns and dry skin removal etc. Nicky 07719727581

GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power. Call Paul 07803 927303

GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing Andy 07802702602 / 531168

HEMPNALL HOME CARE SERVICES: personal care and support in your home Contact Karen 07538 936249

HEMPNALL LAWNMOWER CENTRE Brick Kiln Lane Morningthorpe www.mowdirect.co.uk 473700

HEMPNALL PARISH COUNCIL website address: www.hempnallpc.org

INDEPENDENT FINANCIAL ADVISER: Contact Philip Edwards on 499496 or 07917296773

LLOYD JOHNSON FINANCIAL CONSULTANT, Mortgages, Investments, Protection 483972 / 07780 330768

LOCAL SKILLED HANDYMAN AVAILABLE only £12 per hour Call Mike 07534694673 or 494547

NORFOLK WOODBURNERS, Hempnall. Suppliers and Hetas installers. 498393

OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell 07710 515775 or 532393

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PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info 482655 / 07850722094
PIANO LESSONS Bedingham. All ages welcome. Marian 482746
PLASTERING – Gary of Jarman Plastering Services 482709 or 0771 7174617
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TREE SURGEON NTPC qualified. Alan Bell Call 532393 or 07710 515775
TUTOR 3Rs science to GCSE, revision support. Contact Storm fayre@me.com 07939 242262
WHERRY VETERINARY GROUP Surgeries at Hempnall and Bungay 01986 892771
WILLS / ESTATE planning, accredited by Trading Standards, Rick Mantin 01603 765337 07789 194430
WINDOW WONDERLAND: window cleaning services contact Sam Raynes 482679 or 07975579292
WWW.MOUSE-COMPUTING.CO.UK For all your computer problems and advice Mike 07813 026580

**Copy for the March issue of Outlook should be
delivered/posted to:
Group Office, The Rectory, The Street, Hempnall, NR15 2AD
before 15th February
or e-mail: hempnallgroup.office@btinternet.com**