



Village News

Produced by The Hempsall Group of Parishes



Picture by courtesy of David Ferré

JUNE 2024

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SUMMER AND AUTUMN WALKS



Date	Where	Contact
7th July	TBA	Daphne & John Joyce
18th August	Hardley Staithe	Margaret & David Ferre
10th September	Hall Farm Reydon	David & Josephine Murgatroyd
29th September	Old Buckenham	Liz Billett
6th October	Saxlingham	Fiona Webb
24th November	Poringland	Daphne & John Joyce

Hardwick and Shelton

Café Morning

Hardwick Village Hall

Thursday 6th June 2024

(D-Day 80th Anniversary)

10-12

Everyone Welcome

There will be cake...



Future café dates: Thursday 4th July



Saxlingham Nethergate Open Gardens

1 - 5 pm on Saturday 22nd June
Tickets £5 and under 16s free.

Cash only please.

Tea, coffee and cake available.

No dogs except guide dogs.

*In aid of St Mary's Church,
Saxlingham Nethergate, and the
Alzheimer's Society.*

Further details:

Anne 07939 504896

HARDWICK & SHELTON VILLAGE HALL

Are in need of a part-time cleaner
Approx. 2 hours per month
£12.50 per hour

Please contact
hardwickvillagehall@gmail.com
if you are interested



- Door to door dial-a-ride service
- Weekly members outings throughout the year
- Group hires for not-for-profit organisations

Borderhoppa Outings for June 2024

Mon 3rd Lunch at Normans Fish & Chips, Harleston – Fare £8.00

Thurs 6th Coffee Morning, The Pennoyer Centre,
Pulham St Mary – Fare £8.00

Mon 10th Lowestoft – Fare £20.00

Thurs 13th Norwich City Centre – Fare £18.00

Mon 17th Cherry Lane Garden Centre - Fare £8.00

Thurs 20th Lunch at The Ram, Tivetshall – Fare £8.00

Mon 24th Wroxham Barns Craft Shops & Wroxham Town - £18.00

To book or for more information please call 01379 854800
or visit our website www.borderhoppa.org

Topcroft Parish Council

MEETING DATES 2024

All meetings are held in Topcroft's Sports Pavilion, Topcroft Street, NR35 2BL

- Monday 8th July 2024 7.30 pm
- Monday 9th September 2024 7.30 pm
- Monday 11th November 2024 7.30 pm

The agenda is displayed three days before the meeting in the village noticeboards and on TPC's website: <https://topcroftpc.norfolkparishes.gov.uk>. Planning meetings are arranged as and when required and extra meetings may be scheduled if necessary.

*~ **Members of the public are welcome to attend the meetings** ~
For further details contact the Clerk email: topcroftpc@gmail.com*

We welcome back

Linda Purdy

(tenor horn)
accompanied by

Brian Orland

(Organist of St Peter's)

for

"Music for Mbedza"

in

St Peter's Church,

Brooke

Saturday

22nd June 2024

7pm

We will be raising funds for the **Songani
HIV testing and counselling centre in
Malawi**, which is supported by the charity
Mbedza. (mbedza.org)

Tickets £10

(Children 16 and under Free of Charge)

*Available in advance from members of the
church choir*

Or telephone 01508 558324 to reserve a ticket

"Nibbles" available in the interval -
licensed bar.

SNAPP

Saxlingham Nethergate All Comers
Ping Pong

Come and play Table Tennis!

Friday Nights

In Saxlingham Village Hall

7pm - 8.30pm

Adults £3.00

Monthly Children's Sessions

(Ages 8 -14 accompanied by an adult)

6pm-7pm

Please contact Charlotte Harrison at

cmvharrison@icloud.com

Mobile : 07515812506

For further details



Summer Garden Party

4pm Sunday 7th July

Hempnall Church Grounds

Strawberries & Cream

Cake & Drinks Scavenger Hunt

Fairground Games Craft

Free

All very welcome



We welcome

“The Fine City Chorus”

for

“Music for a Summer’s Evening”

in

**St. Peter’s Church,
Brooke
Saturday 20th July
2024**

7pm

A male-voice, four-part
choir
singing in the “Barbershop”
style.

Tickets £10

(Children 16 and under Free of Charge)
*Available in advance from members of the
church choir,
or telephone 01508 558324 to reserve a
ticket.*

“Nibbles” available in the interval -
Licensed Bar



All-Age Praise

4:00-4:45pm



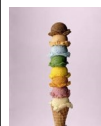
Sunday 2nd June 2024

Hempnall Church

Community service

Songs Story Games

All welcome



June

@LifeSpring

Sundays 4-5pm

The Mill

9th, 16th, 23rd, 30th June 2024

**All-age community church: Songs,
games, message**

Facebook@LifeSpring Hempnall

All warmly welcome

FOOD TRUCKS AT THE MILL HEMPNALL

HUNGRY MOON
BURRITOS, WRAPS AND RICE
BOWLS

SAT 1ST JUNE - FROM 5PM

COME JOIN US FOR FOOD AND
A DRINK FROM THE BAR IN OUR
BEER GARDEN



FOOD . BEER. MUSIC

HEMPNALL MILL BAR

BEER FESTIVAL

5TH-6TH JULY



5TH JULY FROM 5PM

6TH JULY FROM 2PM WITH LIVE MUSIC

FROM GRAHAM MCGROTTY

FOOD FROM THE DURBAN GRILL

AND THE WAFFLE WAGON

HEMPNALL MILL NR15 2LP



10 PLUS BEERS FROM GRAIN.TINDALL
ALES. BULL OF THE WOODS. WOLF
BREWERY, STOUTS, CIDERS AND MORE

Vintage Car Show and Craft Stalls

23rd June 10.30-16.00

HEMPNALL MILL CENTRE
NR15 2LP
IN AID OF THE HEMPNALL TRUST

Classic Cars on show - bookings for cars essential.

A variety of stalls including local crafts and goods.

Mill Bar open

Surfing Sombrero food truck with their burritos



Friends of Seething Church

"Strawberry Tea"

Saturday 8th June 2024.

3-5pm

in Seething Church

Admission is free

All Welcome!

Teas: £ 2.00

The Hempnall Trust

The Hempnall Trust is a charity that was set up to help residents who are in need, hardship or distress and to support the community of Hempnall.



We can provide financial grants to those who need them. The Trust owns the Mill & Bar both of which are used to support the local community through lunch clubs, events & room hire in a listed building.

If you would like to find out more about any area of the Hempnall Trust please look at our website www.hempnalltrust.org.uk or email hempnalltrust@gmail.com

Events hosted by The Mill are updated on the Facebook page www.facebook.com/themillbarhempnall & there is a regular What's On email.

If you would like to be added to the distribution list of events, please email hempnallmillbar@gmail.com

We are always on the lookout for new volunteers to help run events or to help out with the Bar.

All Profits go back into the Trust to benefit Hempnall residents.



SEETHING & MUNDHAM COMMUNITY CAFÉ

Wednesday 19th June 2024

2 till 4pm

Seething & Mundham Village Hall

Look forward to seeing you all.

Any offers of help or cakes would
be welcome!

please contact JULIE 07984309452



Don't Miss
Strawberry Tea
at
Hempnall Church
Saturday 13th July
2024

3:00-5:00pm

£6.00 per person

Strawberries and Cakes

Raffle

In aid of Hempnall Church

For more information call

Joy Allen 01508 498236

or Jill Turner 01508 499344



Ditchingham Hall
Open Gardens

You are invited to view the beautiful private gardens of Ditchingham Hall (NR35 2JX)

Tickets £5pp - purchased on the gate

Under 12's go free

Refreshments available

Unfortunately no dogs are allowed to this event
with the exception of guide dogs

**ARBORETUM
ROSE
GARDEN**

**WALLED
GARDEN**

**FAMILY
FRIENDLY
CAKES**

Sunday 9th June

2pm - 5pm

£5pp on the gate

Under 12's go free

No dogs

www.ditchinghamestate.com

**STAMP
TRAIL**

DRINKS

STALLS



All proceeds generously
donated to YANA

www.yanahelp.org

admin@yanahelp.org

Registered charity: 1190463

In support of

YANA
RURAL MENTAL HEALTH SUPPORT

A Big Thank You!

Thank you to Kate Smith who gave a wonderful insight on Bedingham Church and many others in Norfolk and Suffolk to an appreciative and enthusiastic audience when she came to talk to us last month.

*~Jane Bond on behalf of
Bedingham Church~*

Gardening in June...

Summer arrives

June 21 is the longest day of the year, and the extra light and warmth encourages the garden to put on an exuberant burst of growth. But this extra light and warmth also means weeds will sprout up from seemingly nowhere. Keep on top of them by hoeing regularly in dry conditions.



Top gardening jobs this month...

1. Position summer hanging baskets and containers outside

Choose vibrant bedding plants for a short-term show or herbs, shrubs and evergreens for a long-lasting display.



2. Be water-wise, especially in drought-affected areas

Watering is key to growing plants well, so here we look at how to get it just right. This not only means providing the water our gardens need, but using it wisely.

3. Pinch out sideshoots on tomatoes

Removing the side-shoots is simple – every time you water, check the plant for any shoots sprouting just above each leaf, from the joint between the leaf and the stem.



More jobs for this month...

- | | |
|--|--|
| 4. Harvest lettuce, radish, other salads and early potatoes | 7. Plant out summer bedding |
| 5. Hoe borders regularly to keep down weeds | 8. Stake tall or floppy plants |
| 6. Mow lawns at least once a week – but consider leaving some areas uncut for wildlife | 9. Prune many spring-flowering shrubs |
| | 10. Shade greenhouses to keep them cool and prevent scorch |

What's on in June & July...

June 2024

Saturday 1st June 2024

Food Trucks at The Mill

5:00pm

The Mill, Hempnall, NR15 2LP

(Page 8)

Sunday 2nd June 2024

All-Age Praise

4:00pm-4:45pm

Hempnall Church, NR15 2AD

(Page 7)

Thursday 6th June 2024

Hardwick & Shelton Café

Morning

(D-Day 80th Anniversary)

10:00am-12:00am

Hardwick Village Hall, NR15 2AB

(Page 3)

Saturday 8th June 2024

Friends of Seething Church

“Strawberry Tea”

3:00pm-5:00pm

Seething Church, NR15 1DN

(Page 8)

Sunday 9th June 2024

Ditchingham Hall Open Gardens

2:00pm-5:00pm

Ditchingham Hall, NR35 2JX

(Page 16)

@LifeSpring

All-Age Community Church

4:00pm-5:00pm

The Mill, Hempnall, NR15 2LP

(Page 7)

Monday 10th June 2024

Hempnall Mobile Library

(Page 14)

Sunday 16th June 2024

@LifeSpring

All-Age Community Church

4:00pm-5:00pm

The Mill, Hempnall, NR15 2LP

(Page 7)

Wednesday 19th June 2024

Seething & Mundham

Community Café

2:00pm-4:00pm

Seething & Mundham Village Hall,

NR15 1EJ *(Page 9)*

Saturday 22nd June 2024

Saxlingham Nethergate Open Gardens

1:00pm-5:00pm *(Page 4)*

The Anglian Singers

“Music on a Summer’s Evening”

7:00pm

St Margaret’s Church,

Hempnall, NR15 2AD *(Page 15)*

“Music for Mbedza”

7:00pm

St Peter’s Church,

Brooke, NR15 1JU *(Page 6)*

Sunday 23rd June 2024

Vintage Car Show & Craft Stalls

10:30am-4:00pm

Hempnall Mill Centre, NR15 2LP

(Page 8)

@LifeSpring

All-Age Community Church

4:00pm-5:00pm

The Mill, Hempnall, NR15 2LP

(Page 7)

Saturday 29th June 2024

Friends of Hempnall School Summer Fete

12:00pm-4:00pm
Hempnall Primary School,
NR15 2AD *(Page 4)*

Sunday 30th June 2024

**@LifeSpring
All-Age Community Church**
4:00pm-5:00pm
The Mill, Hempnall, NR15 2LP
(Page 7)

July 2024

Friday 5th & 6th July 2024

Beer Festival
From 5:00pm (5th July)
From 2:00pm (6th July)
Hempnall Mill Bar, NR15 2LP
(Page 8)

Sunday 7th July 2024

Summer Garden Party
4:00pm
Hempnall Church Grounds,
NR15 2AD *(Page 6)*

Saturday 13th July 2024

Strawberry Tea
3:00pm-5:00pm
Hempnall Church, NR15 2AD
(Page 10)

Saturday 20th July 2024

**The Fine City Chorus
"Music for a Summer's Evening"**
7:00pm
St Peter's Church,
Brooke, NR15 1JU *(Page 7)*

Bedingham 59 Club Winners for January to May 2024 are as follows:

6th Jan	41	J Felton
13th Jan	7	C Seaman
20th Jan	42	A Binks
27th Jan	16	L Beveridge
3rd Feb	46	S Webb
10th Feb	34	P Nicholson
17th Feb	43	J Bond
24th Feb	28	T Gunson
2nd Mar	6	L Searle
9th Mar	43	J Bond
16 th Mar	51	J Bull
23rd Mar	28	T Gunson
30th Mar	17	T Gunson
6th Apr	33	J Holden
13th Apr	47	Spare Number
20th Apr	32	J Glover
27th Apr	53	R Shreeve
4th May	10	C & B Buckland
11th May	22	R Hadnam
18th May	29	N Clarke
25th May	13	J Howman

There are some vacant numbers, if you would like to join the 59 Club to support St Andrews Fabric Fund (you do not have to be a parishioner of Bedingham), please get in touch. It's a one off payment working out at £1 per week with the winning number winning £25. - Tel: 01508 499128



Mobile Library Timetable

Village	Stop Name	Arrival Time	Departure Time	Postcode
Hempnall	Old Market Way (Bainard Rise)	14:10	14:30	NR15 2LZ
Hempnall Green	Three Horseshoes	14:35	14:55	MR15 2NN
Topcroft	The Old Chapel	15:00	15:15	NR35 2BL
Topcroft	Church Road	15:20	15:35	NR35 2BH
Hempnall	Road Green Farm	15:40	15:55	NR15 2NQ
Hempnall	Millfields	16:00	16:15	NR15 2NE
Hempnall	Roland Drive	16:20	16:35	NR15 2RB
Fritton	Village Green (post box and bench)	16:40	17:05	NR15 2QS

• 10 June 2024

• 8 July 2024

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquires about this route please call 01603 222303

FOOD BANK

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time.

URGENTLY NEEDED ITEMS:

PASTA
TINNED FISH
TINNED VEGETABLES

NON URGENT ITEMS:

INSTANT NOODLES (NOT POTS)
TINNED POTATOES
MICROWAVE PUDDINGS/CAKES

Donating Food: Items for the food bank can be left at the back of St Margaret's Church, Hempnall or in the porch at St Peter's Church, Brooke.

Donating Money: Regular giving is a great way to support the Food Bank

For further details please check out this website: <https://waveney.foodbank.org.uk/give-help/donate-money/>



ST MARGARET'S CHURCH, HEMPNALL

Hosts



The Anglian Singers

for

Music on a Summer's Evening

at

St Margaret's Church

The Street, Hempnall, NR15 2LR

on

Saturday 22nd June 2024 at 7pm

£10 payable on the door

(price includes refreshments)

Raffle

For more information please contact

David Key on 01508 499342

*All money raised will go to Hempnall Church
& Cancer Research / MND Research*



News from Woodton Primary School

March/April 2024

March seems so far away now, but it was a busy time for the children, with many sporting events. Our Sycamores class participated in a Hockey event at Harleston Club and our Willows class joined in at the Dance Festival that was held at Hobart High School. Our year 4's completed their level 1 Off Road cycling course, as well as their seatbelt safety training.



At the end of last term, Sycamores class showed their Easter production 'The Three Trees' to their families in an evening performance. They all did so well.

In April, the PTA held a Springo event at Woodton village hall to raise funds for the school. The Springo was very popular and made an amazing £329. The school has been busy fundraising too, for our new Wellbeing Garden project. We would like to create an outdoor area, where children can have space and quiet time when needed, so we organised a whole school sponsored walk around the village, and then this was followed on with a Yoga session on the school field.

Our year 6 pupils joined in, in the Forensic Science day that was held at



Hobart High school, which gave them the opportunity to try different Science experiments. In May, we have more sports events booked, Willows will be attending a Multi-skills event and a Cricket festival and our year 4's will be participating in a Tri-Golf school games festival.



We will give regular updates on the progress of our Wellbeing Garden project; we are very excited!!!

A Big Thank You!

Thank you to the 13 people that joined us for the Fritton and Morningthorpe Big Litter Pick. Four of our helpers came from Hempnall and nine were from Fritton and Morningthorpe. It was a lovely sunny day and we managed to get all roadsides done. Thanks also to Mary Sargent for coming and picking our full bags up.

Carol McDonnell on behalf of Fritton & Morningthorpe parish council.



HEMPNALL WI.

18 members of Hempnall WI plus 3 guests from Federation met at the Mill on the 1st May for a very nice afternoon tea to celebrate our 90th birthday. Catering was supplied by Simon and Margaret. One member made and iced a lovely Birthday cake and another member made the lovely table decorations.

We next meet on the 5th June for a talk by Wally Webb on his 40 years at BBC Radio Norfolk. This is a public meeting so the entry charge will be £4 for non-members which will include light refreshments. If anyone wishes to attend please contact Cindy Brookes 499358 or email cindy1brookes@icloud.com.

We look forward to welcoming you.

The Big Help Out

The project was led by The King last year, and is intended to promote volunteering and help provide opportunities for people to experience volunteering in their local communities. It runs from 7-9 June 2024 and coincides with Volunteering week.

Organisations use the dedicated, online platform (or the BHO app) to publish volunteering opportunities, and individuals use the same platform to find opportunities in their local area.

Although the main focus is the weekend of 7-9 June, it is possible for people to find volunteering opportunities after the BHO weekend, through the app or using the online platform.

To find out more or register, visit <https://www.thebighelpout.org.uk>

A universal human right

Educated women taking up positions of responsibility within the religiously conservative and patriarchal public sphere of Khyber Pakhtunkhwa (KP), a province in northwest Pakistan, is a relatively new occurrence.

My name is Susan Smith, and I am the daughter of Barbara



Houghton, a resident of Hardwick. Together with my husband, I have worked in KP on the border with Afghanistan since 1984; first with Afghan refugees and then as the female director of an educational foundation that works primarily with Pashto speakers. Pashto is the language of a 60-million ethnic group found in Pakistan and Afghanistan that includes the Taliban. A female leader myself, I decided in 2019 to learn how—against such a conservative background—Pakistani women were gaining male permission to study in universities and go out to work. This research took on an extra level of significance following the 2021 Taliban takeover of Afghanistan and the subsequent removal of women from most public spaces. Talking with Pakistani Pashtun women across a broad range of professions, educational levels and ages, I discovered two major factors to female influence: respect and persuasive ability. That is, these women had persuaded the men in their households that there would be no loss of family honour if they were given permission to study for a degree and/or take up posts in medicine, banking, science, engineering, law or politics. Thus persuaded, these men endorsed their wives, sisters or daughters as ‘respectable’ women in the public sphere, even as their own society argued that female honour was found only in the home.

This is a world apart from life in the UK, and yet the struggle for education and employment is something we encounter regularly on the TV, radio or online news. As an educated, Western woman, I celebrate the freedoms society has granted me. As a Christian, I am grateful to Jesus for the equality I find in the gospel. And, as someone who continues to work with Afghans and Pakistanis, I am glad for ongoing opportunities to support female education and employment as universal human rights.

Thought for the month...

Water, water everywhere and not a drop to drink...

We moan about the rain (water falling from the sky) but where do we go when the sun shines? Often to somewhere that is full of water, the sea. And in Norfolk we are fortunate to have sea on three sides.

Digging holes in the sand to fill with water is a favourite pastime of children, or at least their parents. There is something very soothing and strangely addictive in watching waves breaking gently on the beach as the sea gradually recedes or comes in towards the sandcastles.

Of course, the sea is not always calm; but even when choppy or stormy it fascinates us in its movement and power.

There is great interest in following paths along the coast or from coast to coast. A long -distance footpath all round England (the King Charles III England Coast Path) is being developed and when complete will be around 2,700 miles (4,300 km). Locally we have the *Via Beata* which goes from the North Sea at Lowestoft to the Atlantic at St. David's in Pembrokeshire (over 400 miles).

If we don't go to the sea, we may go to the river or even a stream. (Damming streams is another popular childhood activity!) We are well off for rivers in Norfolk and also have the wonderful Norfolk Broads. Doing things on the water is popular: sailing, canoeing, sailboarding, paddle boarding and, of course, the lazy way is to go on a cruise.

The 'Big River Watch' organised by the Rivers Trust took place in May and some interesting data emerged from the 1,500 surveys submitted. This is what people saw:

- 702 saw ducks
- 367 sightings of fish were reported
- 282 observed swans
- 227 saw herons
- 8 encountered beavers
- one lucky person saw a water vole.

Sadly, there is considerable evidence of pollution, too. Only 26% of participants saw river flies as there is a decline in their numbers due to poor water quality and loss of habitat.

Over 70% reported feeling calm, peaceful, relaxed, happy, content, tranquil or connected. That was my experience. I (Jill) decided to take part but finding an

appropriate piece of river is not as easy as you might think. Not all river banks are accessible and on a sunny day in May those places tended to be full of families enjoying them: in the end I settled for a very small stream. I didn't see dragonflies, otter, water voles or even ducks but I learnt quite a lot about myself, which is what happens when you just sit and relax outside wherever you are.

So let us take ourselves to be beside water for a while – either physically or in our imagination – and let's watch and wait there. And, as we contemplate, let's pray, too. In the words of the poem '*Watching for the Kingfisher*', by Ann Lewin:

*Prayer is like watching for
The kingfisher. All you can do is
Be there where he is like to appear, and
Wait.
Often nothing much happens;
There is space, silence and
Expectancy.
No visible signs, only the
Knowledge that he's been there
And may come again.
Seeing or not seeing cease to matter,
You have been prepared.
But when you've almost stopped
Expecting it, a flash of brightness
Gives encouragement.*



Best wishes to all

~Jill Turner and Liam Pilgrim ~

(Co-Chairs of the Joint Council of the Hempnall Group of Parishes)

Acknowledgements: The poem by Ann Lewin is widely available online, including: <https://mbird.com/poetry/prayer-is-like-watching-for-the-kingfisher-ann-lewin/> [accessed 25.5.25]. Thanks to Tessa Wardley for supply of river photograph.

Weekly Benefice News

A reminder to everyone that if you'd like to receive a brief, emailed *weekly update* (each Thursday) of what's happening across the churches of the Hempnall Group and the Brooke Benefice, sign up for *Weekly Benefice News* with Frances in the Group Office at: hempnallgroup.office@btinternet.com

CHURCH SERVICES JUNE 2024...

2nd June 2024 Trinity 1 Proper 4	10:30am	Morning Worship	Brooke Church
	10:30am	Celebrating with Animals	Shelton Church
	4:00pm	Family Praise	Hempnall Church
9th June 2024 Trinity 2	10:30am	Morning Worship	Kirstead Church
	10:30am	Holy Communion	Woodton Church
16th June 2024 Trinity 3 Proper 6	10:30am	Songs of Praise	Brooke Church
	10:30am	Holy Communion	Topcroft Church
23rd June 2024 Trinity 4 Proper 7 St John the Baptist	10:30am	Morning Worship	Seething Church
	10:30am	Morning Worship in the Iona Tradition Patronal Festival	Morningthorpe Church
	6:00pm	Evening Worship	Zoom
30th June 2024 Trinity 5 Proper 8 St Peter's Tide	11.00am	Joint Benefice Morning Worship (service in support of Emmaus, followed by picnic lunch)	Hempnall Church
	6:30pm	Evensong Patronal Festival	Brooke Church

Further details of all our church services and events can be found at the Hempnall Group Website <https://hempnallgroup.co.uk/> or the Brooke Benefice Website <https://brooke.churchnet.co/>

Happy Birthday to....

Children

- * Tia who will be 7

Teenage

- * Ollie who will be 17



**Happy birthday to Pat Walpole long
time resident of Woodton who
celebrated her 95th birthday
on May 18th**



From the Registers....

Funerals

- †1st May 2024, Jennifer Ann Sampson, aged 73 years. Funeral, St Peter's Church, Brooke.
- †3rd May 2024, Elizabeth Joan Teat, aged 84 years. Funeral, St Margaret's Church, Kirstead.
- †10th May 2024, Eileen Gallant, aged 67 years. Funeral & Burial at St John the Baptist Church, Morningthorpe.
- †20th May 2024, Cecil Aubrey Haynes, aged 81 years. Funeral & Burial at St Margaret's Church, Hempnall.



Need Help?....

GRASS-FED, LINCOLN RED BEEF - 5 x 500g packs of mince for £20, \ plus steaks, roasting joints, burgers and slow-cook cuts. | Order at www.darrowgreenfarm.co.uk or call/email us. COLLECTION FROM FARM GATE. Darrow Green Road, Denton, Norfolk IP20 0AY, Tel: 01986 788252, Email: ewdarrowgreen@gmail.com

AGGREGATE SUPPLIERS

Carry All - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845

CARPET & UPHOLSTERY CLEANING

Carpet & Upholstery Cleaning

Local, reasonable rates.

Call David: 01379 608529 or 07768 757308

CHIMNEY SWEEP

Chimney Sweep

Guild of Master Sweeps, Clean & Friendly, Smoke Test & Certification.

Call Dave: 07835 757528

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Cleaners R Us

Affordable - reliable - professional.

Want a pristine, clean home but don't want to spend all weekend doing it? WE CAN HELP YOU! Trusted in local homes since 2003.

Same reliable, police checked, vetted and insured cleaner provided on a regular basis at affordable rates. 01508 490 808 |

norwich@cleanersrus.co.uk |

www.cleanersrus.co.uk/domestic-home-cleaning-norwich

ELECTRICIANS

Electrician- Bob Turner - Domestic & Commercial Electrical Contractor - 07899 794813

FARM SHOPS

Farm Shop, Café & Butchery

Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252

FUNERAL SERVICES

R. B. Coppin Funeral Services,

Poringland 01508 494434

Rosedale Funeral Home, Beccles &

Bungay 01502 714445- 01986 892790. A

family business , serving the local community for over 20 years we offer: Home Visits - Funeral Finance - Direct Cremations - Bereavement Support Groups & Resources - Affordable choices no matter what size your budget our compassion is constant.

GROUNDWORK & GARDENING SERVICES

S. W. Contractors

Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528

HAIR & NAIL SALONS

Evie Clark Hairdressing

Hairdresser & Barber, based in Hempnall - 01508 499934 or 07703 680443

Feet

Corns, calluses, nail cutting & more, treated in you home - Wendy - 01379 676872

OSTEOPATH

Osteopath

Osteopathy for all-adults to babies, includes cranial. Joints, spine, nerves, headaches, accidents - 07818 747776 | 01953 789629 | www.norfolkost.co.uk

PIANO TUTION

Piano Lessons

Bedingham - All ages welcome - Marian Gibb
ALCM (TD) DipLCM. 01508 482 746

PARISH COUNCILS

Hempnall Parish Council

Website Address www.hempnallpc.org

PEST CONTROL

Safe & Sound Hygiene

Pest Control & Garden Maintenance
01379 788865 or 07809 226109

PLANT HIRE

Peter Matthewson Plant Hire

Drainage & Groundworks - Please call for info. 01508 482655 or 07850 722094

TRANSPORT

Chris Baker Transport

Man & Van - 01508 531738 or 07821 923489

TREE SURGERY

T. Mabbutt Tree Services

High standard of work from a professional, considerate and friendly local business.

Covering all aspects of tree surgery and stump removal. Holding qualifications from the RHS, RFS, City & Guilds. Free quotes.

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DEFIBRILLATOR

A defibrillator is located at
Topcroft's Social Club
The Street Topcroft NR35 2BL
what3words.com/goods.students.economics

**In an Emergency call 999 for the
Defibrillator Cabinet Code & Instructions**

This defibrillator is owned by Topcroft Parish Council - any issues contact 07774 734411

Contact us....

Frances Atherton
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The Hempnall Group of Parishes and
Brooke Benefice
Mon-Thurs 9:00am-12:30pm
01508 498157
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Items for the next issue....

Items for the Village News should be
Delivered, Posted or Emailed to:
Group Office, The Rectory,
The Street, Hempnall, NR15 2AD
Email:
hempnallgroup.office@btinternet.com

BEFORE
15TH JUNE 2024

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